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THE METRO POLITAN



ETERNITY

==== SLEEPS WITHIN ====

The
Franklin
Grill & Tavern



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EDITOR'S NOTE



ETERNITY SLEEPS WITHIN

**HAPPY
NEW
YEAR!**

ANTHONY BRANCALEONE



**Greektown's Longest
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Consistently Voted Detroit's Best Gyro

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EXODOS
ROOFTOP-LOUNGE

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Anthony Brancalone

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**INDEPENDENTLY
PUBLISHED BY**

Metropolitan Media

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If you enjoy **The Metropolitan** we ask that you share it with family and friends. In this way the life of each issue will be extended through deep analysis and intense discussion. We think that’s a good thing. We also think **The Metropolitan** makes for fine gift-wrap.

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READ AT YOUR OWN RISK

This paper has not been proof read and most likely never will. For more information regarding this anomaly, please see the ‘Letter from the Editor’, November 2010, online at themetdet.com



Photo AB

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COMMUNIQUÉ

GOOD ISSUE

At the **Franklin Grill** enjoying lunch. Good issue of The Met. They must have put a tower in Franklin recently because I have a full cellular service.

Mark Stifter, Bloomfield MI

DEAR “ANTHONY”

I am a friend of Joe Neussendorfer [writer]. He said that you can tell me where I am able to pick up your METROPOLITAN DETROIT.....I always find it at Metro Airport! Actually, I was at the airport the day before Thanksgiving and couldn't find one. I think I find them at the Delta lounge.

I live in Blm. Twp. on Maple and Telegraph Rd. (Maple is called 15 Mi. Rd.) Am sure the residents here would luv it.....I must have your Metropolitan magazine!

WHERE CAN I GET A COPY?? I will drive anywhere!!! I mean it!!!

THANK in advance.....

Have a Merry and BRIGHT holiday

Betty B, Bloomfield Twp

WHO WILL DROP THE NEXT ALBUM?

My husband brought your paper home and I read it for the first time. Thank you! In your letter to the editor you wrote: "Who will drop the next album? Film the next movie?, Or, build a monument to a city currently defining its own Beautiful era?" [May 2015]. Well, I will. I'm investing all my savings to produce a musical tribute to Detroit so I can honor the people and the city and the industry that created the strong middle class.

janet torreano pound

WHERE THE HELL IS THE MET?

I’ve been travelling through DTW for years and have been picking up The Metropolitan each time I pass through Detroit. However, I have been unable to find it my last few trips. I looked everywhere and finally I had to ask a barista at one of the coffee shops. She said she didn’t know and that she was wondering the same thing. So, I stopped a DTW employee and he said he hadn’t seen one in awhile. Finally, I asked someone while I was boarding my plane and she said the paper pulled from the airport. Is this true? Where have you gone? How can I get a copy?

Roberto

SUBSCRIPTIONS?

I love your site, but have a hard time downloading your monthly issues (my own technological shortcomings :P) I'm curious if you have a print publication and, if I may be able to subscribe to it?

Thanks for your time.

June Aweri, Detroit, MI

EDITOR’S REPLY:

Due to the restraints associated with free press inside of the airport, The Metropolitan has been pulled and is now distributed in nearly 150 metropolitan Detroit locations. A list of Stockists exists in the back of each issue. While there are currently no plans to offer subscriptions directly, we have considered launching a Patreon account, where subscriptions, merchandise, and networking events can be exchanged for our reader’s patronage. Until then, pdfs are available for download at www.themetdet.com

EDIFICATION



ON THE COVER

Tree and Picnic Table, Belle Isle, Detroit MI USA 1990

Photographer: Michael Kenna

MET • RO • POL • I • TAN

/metré päletn/

NOUN

a person who has the sophistication, fashionable taste, or other habits and manners associated with those who live in a metropolis.

ADJECTIVE

of, noting, or characteristic of a metropolis or its inhabitants, especially in culture, sophistication, or in accepting and combining a wide variety of people, ideas, etc.

iQ&A



For a few years we began each issue with a column called IQ&A. It was a way for us to bring our online and print communities together. After awhile, we dropped it, and with absolutely no requests to bring it back we thought we'd do so anyway. The following are excerpts from a few questions we asked our facebook community near the end of 2015:

Fed Probing Mayor Duggan Regarding Home Demolition – your thoughts?

"I really though he would be different, but I guess once you're in power it's too much! The city needs someone who is frugal and understands how to negotiate - highest bid/price doesn't mean the best!" ~ Tiffany Born (Ypsilanti)

"When you double the number of demos, it's going to cost more. More equipment, more workers, more waste disposal, more fill, all at the same time. Bing can complain sll he wants, but he didn't do crap for demos." ~ Eric Siegel (Oak Park)



How Do You Feel About Tarantino's Hateful Eight?

"Brilliant film. Gripping Dialogue, Exceptional pacing (3 hrs gone in a flash). It's my favorite movie since Django. The vast bulk of the movie takes place in a small claustrophobic room, like a sitcom bottle episode, yet the scale feels huge. The story was fun and keeps you guessing. The main element of this film is the tension. The tension is why the time flies by so fast. The Sam Jackson story about the Generals son may not be as perfect as Dennis Hopper's speech to Walken in True Romance, or even Jackson's speech to Tim Roth in Pulp, but it is damn close. His gift of dialogue is very apparent in 8. The pacing is perfect, with edge of your seat tension. I think your problem with it is based on your own expectations? I hate almost every movie I see. 8 is one of the rare exceptions. Had this movie come out with a different writer/director I think you would have been far less critical. With no expectations it would

have blown your mind. Now the versions we saw were different as I saw the wide release not the Roadshow and Tarantino has stated that the 6 min makes the two versions very different. Maybe not for the better? I have no idea" Aron Kozin (Las Vegas).

Where Will You Be Drinking New Year's Eve?

"At home where everyone else should be if they are drinking unless they are taking a cab. OR...why does anyone have to be drinking?" Barbara Jensen (Detroit)

You Have Had Enough Of What Words Or Phrases?

10. Growth 09. Bae 08. Incubator 07. Scalable 06. Feminist 05. Brand 04. Influencer 03. Totes 02. I kinda like Snopes it n stuff? 01. Gentrification

And that's how IQ&A works. Find The Metropolitan d'Etoit on facebook

SOCIETY

UNESCO CREATIVE CITIES NETWORK

Detroit has been named to the UNESCO Creative Cities Network as a City of Design. Of the 47 cities invited to join the UNESCO Creative Cities Network in 2015, just six, including Budapest and Singapore, were admitted under the City of Design designation. Detroit is the first and only American city to be designated as a City of Design.

The UNESCO Creative Cities Network was formed in 2004 in order to promote and connect cities that identify a creative field as an opportunity for sustainable urban development. In addition to the field of design, the other fields are crafts and folk art, film, gastronomy, literature, media arts, and music. Member cities collaborate with each other, promote each other, and share best practices with each other.

Ellie Schneider, interim executive director at Detroit Creative Corridor Center (DC3) in the Argonaut building, says the city recently hosted a group of designers from Graz, Austria, and that the fellow City of Design will soon return the favor.

"Our work is so experimental and innovative that we have to look toward cities other than ones in the United States," says Schneider. "We have to look all over the world for benchmarks and inspiration."

THE ANDREW W. MELLON FOUNDATION AWARDS MICHIGAN OPERA THEATRE GRANT TO SUPPORT CONTEMPORARY OPERA

Wayne S. Brown, Michigan Opera Theatre's President and CEO, announced that Michigan Opera Theatre has received a \$600,000 grant from The Andrew W. Mellon Foundation, to support the company's contemporary opera productions in main-stage and community venues for three seasons (2015 - 2018). This award allows the company to continue to build on its recent Opera of our Time initiative, which featured the productions of William Bolcom's A View from the Bridge in 2014 and Robert Xavier Rodriguez's Frida in 2015.

"New operatic works and community relationships are at the heart of MOT's strategic plan, with efforts to achieve an enhanced level of programming quality, diversity, and engagement," Brown said.

The grant will be used to support the production of six contemporary operas, three on the main stage and three in community venues. This includes Mieczyslaw Weinberg's The Passenger, which was performed at the Detroit Opera House and benefitted from the participation of 62 community organizations and 81 individuals as partners in its presentation. The second will be Aaron Copland's The Tender Land. This production will feature MOT's resident artists in the principle roles. The Tender Land also continues MOT's renewed community initiative with performances in two venues: the Macomb Center for the Performing Arts in Clinton Township and the Heinz C. Prechter Educational and Performing Arts Center in Taylor, Michigan. Productions for years two and three will be announced in the spring of 2016.

EVENTS

DETROIT FILM THEATRE

FILM: HITCHCOCK/TRUFFAUT

January 8 and 15



In 1962, thirty-year-old filmmaker and critic François Truffaut flew to California to spend eight days interviewing his idol, sixty-three-year-old Alfred Hitchcock. Hitchcock/Truffaut (left), playing the weekends of January 8 and January 15, distills the resulting 200 hours of recordings into a film that lets Hitchcock become the narrator of his own life. Two of Hitchcock's own suspense-filled dramas, Jamaica Inn and the 1934 version of The Man Who Knew Too Much, are scheduled as Saturday afternoon matinees on January 9 and January 16 respectively. (313) 833. 3237

NAIAS 2016 NORTH AMERICAN INTERNATIONAL AUTO SHOW



INDUSTRY PREVIEW
January 13 Noon to 9pm Tickets \$95

CHARITY PREVIEW BLACK TIE GALA
Has raised over 10 million for southeast Michigan children's charities
January 16 at 6pm-9pm
\$400 per person

PUBLIC SHOW
January 16-23 9am-10pm / January 24 9am-7pm
Adults \$13 Children under 6 are free

TANGENT GALLERY / HASTINGS STREET BALLROOM SKETCHBATTLE

January 12 / Doors at 7 PM



The official General Motors - Car Design News after party, Sketchbattle is the Fight Club of Design underground during the Detroit Auto show. The event starts following the Eyes On Design awards ceremony on the 12th of January at Detroit's Tangent Gallery. Featuring a live automotive sketching death match, with \$1000 grand prize, mad mad tunes, cars and entertainment. Special guests Mobsteel and EmCee Satori Circus. \$5 advanced \$7 at door. Contestants visit AllTheSketches.com.

Tangent Gallery / Hastings Street Ballroom 715 E Milwaukee St, Detroit, Michigan 48202

RIVERTOWN DETROIT ASSOCIATION

HOMELAND SECURITY/US CUSTOMS & BORDER PATROL STATION MTG

January 14

The Homeland Security/US Customs & Border Patrol team moved from Rivertown Detroit to their new home at 11700 East Jefferson Ave. across from the Chrysler plant. US Customs & Border Patrol Supervisor Mark Hall will be giving an update on the latest Homeland Security & Border Patrol activities, as well as a tour of their new location. 11700 East Jefferson Ave. (Across from the Chrysler Plant). www.rivertown.org

BREAKFAST SPECIAL

NIKI'S RESTAURANT

Royal Oak

By Anthony Brancaleone

Sometimes, it's the simple things in life that we seek. Not everything must be a big production. A comfortable, neighborhood diner, where we can meet friends and family for food, coffee, and extended conversation can be the perfect choice following the holidays. Maybe, you have something like this in your neighborhood. Just north of downtown Royal Oak on Main Street there is Niki's Restaurant.



Niki's has been family owned and operated for over 25 years. The small space, which has undergone some design changes over the years, offers plenty of natural morning light, and delivers an inviting, warm ambiance that's perfect for post holiday hangovers.

Though, known for an array of home baked fruit and custard pies, muffins, coffee cakes, and sweet rolls, I tend to start my day with poached eggs (medium well), bacon, and potatoes (with grilled onion) whenever I'm dining at Niki's. Invariably, a member of my party will order one of the many variations of crepes (usually chocolate), however, so I might be fortunate enough to have a taste of something sweet.

The service at Niki's has always proven to be considerate and kind, and if you're lucky you may find yourself in a good discussion with Anna, a veteran in the business, who has brought many smiles to the faces of diners who share her love of the Detroit Lions and Red Wings.

Niki's Restaurant offers good food, good service, and reasonable rates. What you bring to the table will determine how well you enjoy the experience. So, choose your companions wisely, dear readers, and enjoy the long, cold, winter ahead. **703 N Main St, Royal Oak MI 48067 (248) 546. 5061**

THE COFFEEHOUSE

COFFEE EXPRESS ROASTING COMPANY

Devries & Company 1887, Eastern Market

By Anthony Brancaleone

Inside Devries & Co, sits a small coffee counter helmed by Mr. Howard Davis, an interesting and knowledgeable man who has been in the coffee business for decades. The brand of coffee served in this hidden section of the city is Coffee Express Roasting Company, a Michigan business established in 1975 (1971, if one includes the year Coffee Express purchased its first espresso machine – a Faema E-61, setting up shop inside The Blind Pig Café, Ann Arbor).



Like most small roasters today, Coffee Express interacts with small farmers, and explores varieties with names like Typica, Geisha, and Pacamera. The company roasts fresh daily and distributed throughout Michigan, Indiana, and Ohio. But, it is here, among the daily shoppers, among the aromas of cheese, fresh baked goods and, of course, a variety of coffees, where I prefer to stop in for a hot cup and what usually turns into a 20 minute conversation (often, with Howard. Sometimes, with people I have only met that moment).



Forgive me if I seem a bit sentimental, but when we travel to other cities, home or abroad, it's places like these – a little coffee counter inside of a classic market – that stay with us. With that in mind, I hope you give Coffee Express a visit. **Devries & Co 1887 – 2468 Market Street Detroit (313). 568. 7777**

NBRHD

NEW CENTER

By The Detroit Foodie

One of the most historically significant neighborhoods in America's cultural history is Detroit's New Center area. It's the birthplace of the Ford Model T. Former global headquarters of GM and Fisher Body. But most importantly, it's the home of Motown.

Just think, where would music be if it Berry Gordy didn't introduce us to Stevie, Marvin, Diana and many of the greats that once graced their presence through Motown?

Evidence of Detroit's music history can be found along Grand Boulevard. Starting at the Motown Museum, then detouring off Second to United Sound, and finally jumping back on the boulevard to Submerge Records to visit Detroit's Techno Museum. It's this very road that both physically and metaphorically represents Detroit's significant contribution to music (from Motown to Techno).

Besides a rich cultural past, New Center is home to a thriving art and design community. Art studios abound. Murals adorn vacant walls. Gallery spaces are popping up here and there (Jam Handy, O.N.E. Mile, Baltimore Gallery). Then there's the Argonaut building - home to CCS (the College for Creative Studies), Shinola, and the Detroit Creative Corridor (DC3).

Then there's the food...

FEATURED DISH:
CHICKEN & WAFFLES AT NEW CENTER EATERY

You've probably driven past the unassuming building that is New Center Eatery. It's no secret that their Chicken & Waffles are THE BEST around! The Waffles are light & airy, while the Chicken is perfectly crisp and packed with flavor. The deliciousness is widely known, so if you go for lunch or brunch expect long lines. Pro tip: call ahead for order pick-up. **(313) 875-0088**

PLACES TO VISIT



FISHER BUILDING

A landmark Detroit skyscraper that is opulent in every sense of the word. Be sure to catch a free tour of this architectural masterpiece with Pure Detroit on Saturdays at 11am and 1pm. Well worth a visit! **(313) 873-7873**



NORTHERN LIGHTS LOUNGE

Great neighborhood bar with friendly service, a chill vibe, and an amazing live music lineup during the week! **(313) 873-1739**



CITY WINGS

Best wings in the city, hands down! Using organic ingredients and Amish chickens, City Wings prides itself in quality over quantity. Love this place! **(313) 871-2489**



PIQUETTE PLANT

Home of the Ford Model T is this historically significant factory now turned museum. It's completely volunteer run. So be sure to by and visit! **(313) 872-8759**



TECHNO MUSEUM

Inside Submerge Records (a non-descript building with a gray door) is the home of Detroit's Techno Museum. **mailorder@submerge.com**



LINCOLN STREET SCULPTURE GARDEN

Once a vacant lot, Recycle Here (a local recycling plant & pioneer in Detroit's green movement) has transformed this area into an outdoor art park complete with recyclable material made sculptures and beautiful street art. **(313) 871-4000**

IG: [thedetroitfoodie](#)

WHO WHAT WEAR

A Brief Encounter With

By Sir Anthony



WHO:: J.L.CAPPELLA PHOTOGRAPHER, DETROIT

J.L. grew up on the east coast of the United States near Boston, MA. Interested in art, she took figure drawing, painting, animation and sculpture at Montserrat College of Art before she was old enough to drive. Ms. Cappella started her photography career as a model, posing for a friend's album cover at the impressionable age of 14. By the time Ms. Cappella was 19 she had moved to Detroit MI, and began alternative and fetish modeling full time, touring both nationally, and internationally. It was here that Cappella gleaned technique and inspiration from the many Photographers she collaborated with, transitioning into a full time freelance photographer. Cappella's work has been published globally. Ms. Cappella takes inspiration from every day life and puts it to use in her work. Currently Cappella is interested in capturing what she perceives as the "Woman's Journey", often using her traditional art education as a base for her imagery.

WHAT:: MOE'S MARKET SHOE REPAIR EASTERN MARKET DISTRICT SHED 4

Open Saturdays between 8am and 4pm, Moe's Market Shoe Repair offers free shoe shines, with repairs & heels beginning at \$25, all while you wait. That's right; I said free shoe shines. According to owner Moe Draper, shoe cobblers once had a responsibility to repair everyone's shoes, whether customers were able to pay for services or not, a tradition this veteran plans to uphold. When we passed by the busy space in Shed 4, on a cold holiday afternoon in eastern market, there was a steady flow of customers, who were also dropping bags of clothing, food, and shoes that Mr. Draper and his wife distributes to those in need. These are the people who make for a stronger community, folks. Please, consider Moe's Market for your next shoe repair. (313) 444.9399

WEAR:: ORLEANS + WINDER CLOTHING BOUTIQUE, EASTERN MARKET DISTRICT

Located on the 2nd floor of a refurbished brewery in Eastern Market is the showroom known as Orleans + Winder, a name derived from cross streets the well-lit boutique overlooks. The space itself is worth the visit, as owner Erin Wetzel and crew have incorporated a beautiful, Parisian inspired, minimalist approach to the art of the sale, with curated clothing and other functional items (including handmade boots, jewelry, metal works, and gorgeous limited editions in print) represented as forms of art. The designers offered here – Form d'expression, Guidi, Lost & Found, among others – promote individuality. By utilizing raw materials for each handmade garment or object, always in monochrome, the wearable work produces a timeless look. (313) 409. 6343

THE HAPPY HOUSEWIFE NO YEAR'S RESOLUTION

By Michele Oresky Kusiak

Step away from the buffet and start fulfilling your list of No Year's Resolutions. That's not a typo; it's the truth. Most likely your goals have something to do with diet and exercise. I am convinced that if you have eaten your weight in nut-covered cheese logs, or had enough ham to equal the size of a toddler, it's going to be difficult to achieve.

The key to success, really, is moderation. Have you ever observed the hunters and gatherers around the buffet table at a party? What is the obsession with filling a plate the size of a wine coaster to near catastrophe level? The holiday primate instinct kicks in and there is an adrenaline rush to "get it while it lasts". We have all eaten barbecued meatballs until our stomachs ache, but those aches may come from more than just the mystery meat those balls are made from – it's the sheer quantity. When moderation has failed, get on to the next solution.

Exercise. Speaking the word is as painful as the act itself. Put down the leg warmers and the high-cut pink leotard, the look is all black now. You will be a warrior on that rowing machine and so you need to dress the part. Your look is mysterious, tough and dedicated on the stair-stepper while in your head you try to determine if you can reach the candy bar in your gym bag without slamming your shins. If you're thinking, "Oh, step aerobics and dancing = exercise!" Tread lightly; these women have been doing aerobics since Xanadu first aired. Try to keep up and do not take their space. Arrive a few minutes before the class starts and accept your spot next to the glass door.

If you are still determined to join the **Lululemon** army, then make sure you stick with it. Nothing will piss off a yoga queen more than a "once and done". She will spot you a mile away with your new exercise gear and the deer-in-the-headlights look, and you'll be pegged forever - or at least for two days more when you decide to quit. It's a difficult routine to maintain, but in the end it will all be worth it when you can effectively erase the calories of half an M&M from your daily intake.

So, this January, while you're finishing off the last dozen decorated sugar cookies, perhaps the best resolution you can make is to resolve not to make any more lists.

Michele Oresky Kusiak writes from her happy home somewhere deep in the metropolitan suburbs.

HOMMES

GIVE HIM THE BOOT

By Matt Counts

Wherever a gentleman has been, there has been a job to be done. Whenever a job needs to be done, there have been boots to help along the way. In romantic times, dandy highwaymen would battle guards and commoners, the slain losing gold, copper, and their boots. When times are tough, one never hears of one pulling oneself up by his shoelaces. It is always the boot, and always will be the boot - arguably the most important piece in a gentlemen's repertoire. Always appropriate, and always in fashion, I present thee, thy boot.



Timberland:

Waterproof and tough-tested on the Iditarod, Timberland is a legendary boot that has earned its notch in history. Although the company is much older, it was in 1965 when they revolutionized the boot by inventing soles fused to the upper leather, to create a truly waterproof boot. The signature light brown leather boot has become iconic in the working class world, the hiking world, and more recently, the hip hop world with artists praising their quality and versatility. Available at Shoe Hippo, Livonia. www.timberland.com

Dr. Martens:

Always the rebel, all about revolution. Dr. Martens were the boots of the working class. It was that spirit of revolution that lead the founding fathers to add air to the soles of the boots to cushion them, and to make them more comfortable (after you break them in, of course), hence the "Bouncing soles" on the tag. I remember my first pair. A lovely green that served me well, and still serve well, for over 10 years now. Highly recommended to anyone. Available at Incognito clothing store in Royal Oak. www.dmusastore.com

Red Wing Shoes:

Hand made in Red Wing, Minnesota, Red Wing shoes offer up some real serious boots. Be they for hiking, hunting, logging, or any other work one would ever do, this American Made product is the perfect boot. The Red Wing website also features a list of every boot they sell along with specs and information from the exact weight and diameter, to the construction and leather type. The Red Wing store is located on Woodward in Berkley. www.redwingshoes.com

beauty mark

The Cure For Winter Ravaged Skin

By Jeanette Frost

Through winter, our skin takes a beating while freezing temps and wind sucks the moisture out of skin. Reverse the harsh damage with these High Tech Anti Aging skin care products:



High Tech Skin Care

- 1. Mito Q** – A lightweight anti-aging face cream containing mitoquinol (a breakthrough molecule) and is proven to be 1,000 times stronger than other CoQ antioxidant based anti-aging products! Mito Q neutralizes free radicals where they are produced and stops the skin aging process, while healing prior damage. MitoQ.com
- 2. 24K Nano Hydra Silk Mask** – This nourishing leave-on face mask is infused with flecks of 24K gold and an exclusive blend (Sodium Hyaluronate, Caprylyl Methicone, PEG-12 Dimethicone/PPG-20 Crosspolymer, Vitamin E, and Acai Fruit Extract) that leaves skin exceptionally hydrated, silky and radiant. orogoldcosmetics.com
- 3. Resveratrol Men's Sauna Serum by Vine Vera** – Packed full of vitamins, Palmitoyl Tripeptide-1, soluble collagen and Resveratrol (a powerful antioxidant found in red wine and grapes that promotes anti-aging) this serum hydrates, softens and makes skin appear younger. Apply onto deep facial lines. VineVera.com
- 4. G.M. Collin Phyto Stem Cell + Eye Contour Cream** – An advanced anti-aging eye contour cream that moisturizes, soothes, improves firmness, and reduces dark circles, puffiness, wrinkles and fine lines. Key components plant stem cells, Renovage, Orsirtine, Argireline, Myoxinol, Haloxyl, Eyeliss and Matrixyl gives increased skin cell longevity and formation along with a DNA repair effect. GMCollin.com
- 5. G.M Collin Vital C 10% + Peptides Serum** – A vaccine-like formula that combines powerful antioxidants and anti-aging ingredients (10% Vitamin C, Globularia Cordifolia Callus Culture Extract, Artemia Extract, Peptide Q10) that immunize skin against time, protects against environmental damage and reduce the visible signs of premature aging. This unique serum promotes cell detoxification, cell lifespan extension and cell regeneration. GMCollin.com

Find pro MUA Jeanette Frost on Facebook at Jeanette Frost Model/Makeup Artist

URBAN

GENTRIFY



HAT HENRY THE HATTER DETROIT TURTLENECK SWEATER MUCK ZZIBBA
VEST SEAN JOHN LEATHER JACKET RALPH LAUREN JEANS LEVI WATCH OULM



PHOTOGRAPHER: CHARLES POOLE / STUDIO MUSTACHE
MODELS: SIGH BLEU, BRAXTON DRISCOLL, DURELL MONTGOMERY, MATT TOCCO
PHOTOGRAPHIC ASSISTANT: ELLIS SIMMONS
STYLING: DRESSED TO KILL
MAKEUP ARTIST: KEISHA SPENCER
HAIR: LIDDELL AT EXQUISITE



BOILED WOOL CAPE WITH HOOD GENTLEMEN'S CONSIGNMENT, ROYAL OAK



TOP: SCARF V.FRAAS VINTAGE OFFICERS JACKET GENTLEMEN'S CONSIGNMENT ROYAL OAK TROUSERS ZAK LEATHER BOOTS SERGIO ROSSI WATCH OULM
BOTTOM: COWBOY HAT HENRY THE HATTER DETROIT



TOP: HAT & SWEATSHIRT WITH HOOD MOTOR CITY HORSEMEN **MIDDLE:** CAPE GENTLEMEN'S CONSIGNMENT ROYAL OAK **TURTLENECK** BANANA REPUBLIC **JODHPURS** RALPH LAUREN POLO **BOOTS** GUCCI **EQUESTRIAN BELT** FROM HORSE.COM **FEMALE MODEL RIDING LEGGINGS** DRESS TO KILL BOUTIQUE **TURTLENECK** CHICOS **FAUX FUR** DONNA SALYER'S FABULOUS FURS **NECKLACE** CHRISTIAN DIOR **BOTTOM:** RIDING LEGGINGS DRESS TO KILL BOUTIQUE **TURTLENECK** CHICOS **NECKLACE** CHRISTIAN DIOR

THE BIGFOOT SNOWSHOE RACE

THIS STRENUOUS OFF TRAIL WINTER RAMBLE IS NO SLEIGH RIDE TO GRANDMA'S HOUSE. BOTH 5K AND 10K ARE SCHEDULED FOR JANUARY 23 AND BOAST ONE OF THE WORLD'S COOLEST TROPHIES.

By Mike Norton

Snowshoes have long been a popular way for winter visitors to explore the deep evergreen woods that surround this Michigan resort community. For over a decade, the Bigfoot Snowshoe Race has been drawing hundreds of competitors and fans to the Timber Ridge Nordic Center just southeast of Traverse City in the Pere Marquette State Forest. The Bigfoot is the Midwest qualifier for the US Snowshoe Association's championship race – but most people come for the pure fun (and for the coolest-looking trophy in the world of outdoor sports, a two-foot statuette of a snarling Sasquatch.)

The 2016 race, scheduled for Jan. 23, is expected to bring as many as 500 snowshoe-racing competitors, as well as another 600 to 700 spectators and fans. The course, which includes both 5K and 10K components, is an extremely hilly off-trail ramble through the woods, say organizers, with “plenty of logs to jump and branches to duck.”

“It's not easy – you can be a very strong runner, but when you strap on a pair of snowshoes and try to race in them you get humbled in a hurry,” says Alison Goss of Running Fit, one of the sponsors of the race, who was the 10K women's champion in 2015. “It's very strenuous. I've never been so sore as I am after Bigfoot.”

Snowshoe racing requires a lot of the same skills as warm-weather running – but there are also a few extra ones. Competitors find they have to lift their feet higher and keep their legs farther apart as they run, stay alert for changes on the surface, and try not to do a face-plant into a snowdrift.

“People go flying pretty regularly,” says Goss. “I bit it three or four times last year alone. You're charging down a hill and lose control, or your feet get tangled up in each other, and that's all it takes.”

And there's the added weight of the snowshoes themselves to consider. Racing snowshoes are smaller and lighter than the ones used for touring, and are tapered behind the heel to reduce the amount of kicked-up snow in each racer's wake, but they're still heavier than running shoes.

The result is a phenomenal cardiovascular workout even at relatively low speeds -- snowshoe runners typically burn over 1,000 calories an hour. It also means that most of them wear light clothing even on cold mornings, knowing that they'll warm up almost immediately.

Like most winter races, the Bigfoot is held in the morning (from 9 a.m. to noon) when snow conditions are usually at their best. Racing snowshoes are available for rent to competitors who don't have gear of their own.

www.runsnow.com.



4 MORE THINGS FOR SNOWBIRDS IN NORTHERN MICHIGAN

VASA PATHWAY | MULTIPLE USE TRAIL



A 15K multiple-use trail system – created particularly with fat tire bike riders in mind – has been created in the heart of Traverse City's popular Vasa Pathway. The new groomed trail, which includes entirely new routes as well as portions of existing single-track trails, was designed by a coalition of skiers and cyclists so that both groups can enjoy the pathway and avoid unnecessary conflicts. Located east of Traverse City in the Acme area, the system is home to the annual North American Vasa Festival of Races each February.

THE OLD MISSION SNOWSHOE, WINE & BREW TRAIL



Three enterprises in the heart of the Old Mission Peninsula – Jolly Pumpkin Brewery, Brys Estate Vineyards and Bowers Harbor Vineyards – have devised a snowshoe trail that allows winter visitors to enjoy wine, craft brew beers and a good hike. Snowshoers enjoy special pricing on tastings, wine and beer by the glass, and lunch at Jolly Pumpkin. The flagged trail starts at the high point of the Peninsula and works its way downhill, so it's not too much of a strain, and participants who want to buy bottles or cases along the way can have their purchases delivered to the finish line for free. No reservations are required. Participants simply check in at the Jolly Pumpkin at 10:45 a.m. to catch the Brew Bus shuttle to the starting point at Brys Estate.

SNOWBALL POP UPS



The good folks of Traverse City love a good snowball fight. So, keep your eyes and ears open for “Snowball Pop Ups”, which can begin anytime or anywhere, with TC Snow Ballers particularly keen on pegging out-of-towners who sport the English “D”.

SKI THE BUMPS

WITH BRAU ZANDERSEN

TOP PICKS FOR BOARDS AND STICKS IN THE LOWER PENN



So, like, when you're on a mountain it's like nuthin' even matters. It's like cool. Cuz like on a mountain it's like we're totally one, butt-draggers to rippers, know what I'm sayin'? It's like the rest of the world can be a total yard sale, but on the slopes it's like . . . yeah.

So, check my picks for boards-n-sticks in the lower Penn. SUATB!

BOYNE HIGHLANDS | HARBOR SPRINGS

Boasting the highest vertical drop in Lower Michigan, like 552 ft, with a base elevation of like 773 ft, Boyne Highlands has been one of Michigan's sweetest destinations for downhill, snowboarding and winter sport since it opened in 1963. 8 lifts rush peeps to a summit reaching 1,325 ft, while 2 Magic Carpets assist snow bunnies and noobs.

Like, 34% of the runs are expert, so that's cool. 29% are intermediate, which is also pretty cool. That leaves like 37% for Herbs. The longest run is the North Peak Pass, which comes in at like 1.25 miles, and is pretty cool for bunnies. But, I usually spend my time on the bumps. 4 terrain parks including a skier/boarder cross course and rail yard, and a 13-foot Halfpipe, make up the 430 ski acres, the largest area in like all of the Mitten.

The Highlands has night skiing, a tube park, 35 km of cross-country, like 8 kms of snowshoeing trails, and a lot of other stuff. Apres ski is sweet, with dog sledding, sleigh rides, heated pools, and there are always a few bunnies at the Zoo Bar. www.boyne.com



NUB'S NOB | HARBOR SPRINGS

Known as the "locals" mountain, Nub's has a vertical drop of like 427 feet, with a base elevation of like 911 ft. Its top elevation is 1,138 ft, and includes like 53 runs, or somethin', with 12 runs on Pintail Peak. Nub's has 9 expert runs, 8 most difficult, 21 intermediate and 15 easy runs for noobs. There's 1 Halfpipe and 2 terrain parks on 248 rad acres of fun. 9 chairlifts, 1 old school rope tow, and 1 handle tow transport like 18,000 skiers per hour - whoa!

Lift-Lickers to Old Timers get the Season Pass that allows skiing once per week, except Saturday (which is bogus), for like \$280 or somethin'. But, dude: for like \$585 you can ski Nub's anytime.

The sickest runs are Terrain Park, Smokey, Scarface, Chute and Power Glade. But, I also dig chillin' on the Orange lift, ascending through the pines, then jelly-beanin off the south side. Betties and bunnies everywhere, Dudes. Decent grub. Probably, the best overall value for dedicated skiers. www.nubsnob.com



BOYNE MOUNTAIN | BOYNE FALLS

Established in 1947, Boyne Mountain is the sickest alpine resort in the lower Penn. With like 60 trails, and like 10 chairlifts, the Mountain has 2 magic carpets for bunnies and noobs, 1 tube lift and 1 kiddie carousel for Lift Lickers. Boyne Mountain is the Mitt's ski paradise for shredders and family-style skiers alike.

The Mountain's got a 500 ft vertical drop, with a base elevation of 620 ft. But, the 1,120 ft summit contains only like 29% beginner runs versus 41% intermediate, and like 30% expert runs. 5 terrain parks, including a sick skier/boarder cross course and a Halfpipe. Cross coun-

try, snowshoeing, private and group lessons, ice-skating, Ziplines, sleigh rides, and more all make for a sweet winter wonderland experience. And, when the bell at the Clock Tower rings it's like you're in the Swedish Alps.

Check out the indoor/outdoor pools and chillax in a hot tub! Apres ski rocks, with the Apres Ski Pub and the Eagles Nest, located at the top of Hemlock - the sickest view of Boyne Valley. Once I also strapped a fake cast around my ankle and sipped Hot Buttered Rum in the Snowflake Lounge at the base of the hill, getting suhweet attention from hot bar Bunnies. For maps of trails and lifts and other stuff, check www.boyne.com

SHANTY CREEK | BELLAIRE

In the 60's, the high, tree-green hills and curving valleys surrounding Bellaire in Michigan's

Antrim County provided inspiration to build a radical ski resort. This vision of entrepreneur, and dude, Roy Deskin became the original Shanty Creek. Today, a day of skiing Summit Mountain is Michigan's most affordable ski ticket. For 20 bucks family skiers can enjoy a day on the slopes, without all the gangstars shreddin' the gnar.

The Slush Cup weekend has been Shanty's most popular event for 40 years, and peaks with the main event, hot dogs and meat torpedos racing across an icy 40-degree pond in wacky costumes. And, the Sardine Special allows skiers and boarders to squeeze into cars, trucks, or vans for one low price at Schuss Mountain. Last year, we stuffed 5 Dudes, 11 Betties and a keg into a 1978 Datsun, 280z - but that's a story for another time. www.shantycreek.com



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ART/OFFICIAL BY AMBER VALENTINE

New year, new you? If 2015 left you feeling less actualized than Peggy Blumquist on the season finale of Fargo (which was stellar, by the by), I've got some great tips and tricks to inject some 2016 culture into your life with a truly artistic bang.



30 AMERICANS

The Detroit Institute of Arts

I cannot stress enough that you visit the exhibition before it takes its final bow on January 18th. Not only will you see a number of stunners from Kehinde Wiley, the size of which are beyond comprehension, but the collages on display by Kenyan-turned-Brooklyn multimedia artist Wangechi Mutu are so remarkable that I dare you to turn away. It took me a solid fifteen minutes to remove myself from Non, Je Ne Regrette Rien, which gets my vote for Best In Show.

5200 Woodward Ave., Detroit www.dia.org



"ENJOY DENIAL"
Inner State Gallery

If you're looking to keep your contemporary art kick going, hit up Inner State gallery to see the incredible pop art of Canadian born street artist Denial, as he brightens the walls with neon lights, neon colors, and bold statements that evoke the pure, unadulterated joy of '80's consumerism, Warholian pop art, and modern-day burn-out nihilism all at once.

1410 Gratiot Ave, Detroit (313) 744. 6505
www.innerstategallery.com



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Wedding Designer

If this holiday season saw a big question get popped - You know, the kind that usually involves a ring and getting down on one knee - keep suburban Detroit area designer Made Floral in mind for all your wedding needs. Affordably priced and beyond aesthetically pleasing, I've let had more than one MADE bouquet grace my windowsill in the past year or so and it's been a treat. They smell wonderful, and bring so much joy to a room that even the biggest Debbie Downer can't help but smirk at their sight. I'm no Miss Cleo but if I were, I'd say MADE's season will fill up fast this year so drop them a line once you set a date! www.madefloral.com

EDITOR'S PICK

AMBER VALENTINE



Two James Spirits
January 26

The Metropolitan is pleased to support local visual artist, and contributor to this publication, Amber Valentine, as she prepares for her opening at Two James Spirits on January 26th. Though, we are clearly biased, we believe Ms. Valentine's featured images of Detroit's own Heidelberg Project, all on altered 35mm film, which has been boiled in everything from chamomile blossoms to baking soda, some spanning 6 feet, will be a stunner. And, we can think of nothing better to accompany the work of Ms. Valentine than the handcraft cocktails available at Two James Spirits, Corktown. (313). 964. 4800 2445
Michigan Ave., Detroit

THEATRE

By Amber Valentine



BUYER & CELLAR

The Ringwald Theatre January 8-31

A part of the "Season of Classics", Buyer & Cellar celebrates one of the most classic performers there is: Barbra Streisand! Be still me heart!! She is the Queen of Queens!!!

Alex More has a story to tell. A struggling actor in L.A., he takes a job working in the Malibu basement of a beloved megastar. One day, the Lady Herself comes downstairs to play. It feels like real bonding in the basement, but will their relationship ever make it upstairs?

In a production that runs this month in rep with a second play about the "Lady" herself, Buyer & Cellar stars Richard Payton, and is directed by Brandy Joe Plambeck, Haven't seen this one yet, my pretties, but you can bet your boots that I am there!

22742 Woodward Avenue Ferndale MI (248). 545. 5545



I'LL EAT YOU LAST

The Ringwald Theatre January 10 through February 01

For more than 20 years, Sue Mengers' clients were the biggest names in show business: Barbra Streisand, Faye Dunaway, Burt Reynolds, Ali MacGraw, Gene Hackman, Cher, Candice Bergen, Ryan O'Neal, Nick Nolte, Mike Nichols, Gore Vidal, Bob Fosse...If her clients were the talk of the town, she WAS the town, and her dinner parties were the envy of Hollywood. With I'll Eat You Last, you're invited into her glamorous Beverly Hills home for an evening of dish, dirty secrets and all the inside showbiz details only Sue can tell.

Starring J. Bailey, directed by Jamie Richards, The Ringwald theatre's production features a set design by Jennifer Maiseloff, and a whole lot of sass. This delectable soufflé of a solo show promises an evening of wit and wry comedy. As for me, look for Gay Paris in the back row. I'll be wearing my boa, champagne in hand.

22742 Woodward Avenue Ferndale MI (248). 545. 5545

SCARAB CLUB

AMERICAN DREAMING: CAR STYLE DETROIT

An exhibit showcasing the ground-breaking talent of the artists who shaped Detroit's automobiles in the 20th century

Opening Reception: Friday, January 8, 5-8 pm
Gallery Talk: Thursday, January 21, 7-9 pm

American Dreaming: Car Style Detroit presents more than 50 works of art created in Detroit's automotive studios from the middle decades of the 20th century, a period considered the "Golden Age" of automotive design. In the post-World War II era, Detroit-based automakers hired university-trained artists to produce the most visually appealing cars in an effort to gain market share. This was a time when styling and design were highly valued by carmakers, and artists shaped an industry and changed the look of our country.

Automotive company policies mandated that preliminary artwork be destroyed when the final designs were selected for production, so the vast majority of this artwork has disappeared. Consequently, this exhibit features rare drawings that survived that era.

Until recently, the design work of these artists has been viewed in the context of automotive history, not "high" art. Fortunately, a re-evaluation of this artwork is taking place with increased recognition by mid-century design enthusiasts, car collectors, and art historians.

FILM

In connection with this exhibit, a feature-length documentary film, "American Dreaming" is being produced by native Detroiters and exhibit curators Edwards and Salustro. Their film tells the story of Detroit's leadership in the energy, optimism, and economic growth that fueled the world during the mid 20th century - and the role artists played in creating that excitement through automotive design. AmericanDreamingfilm.com



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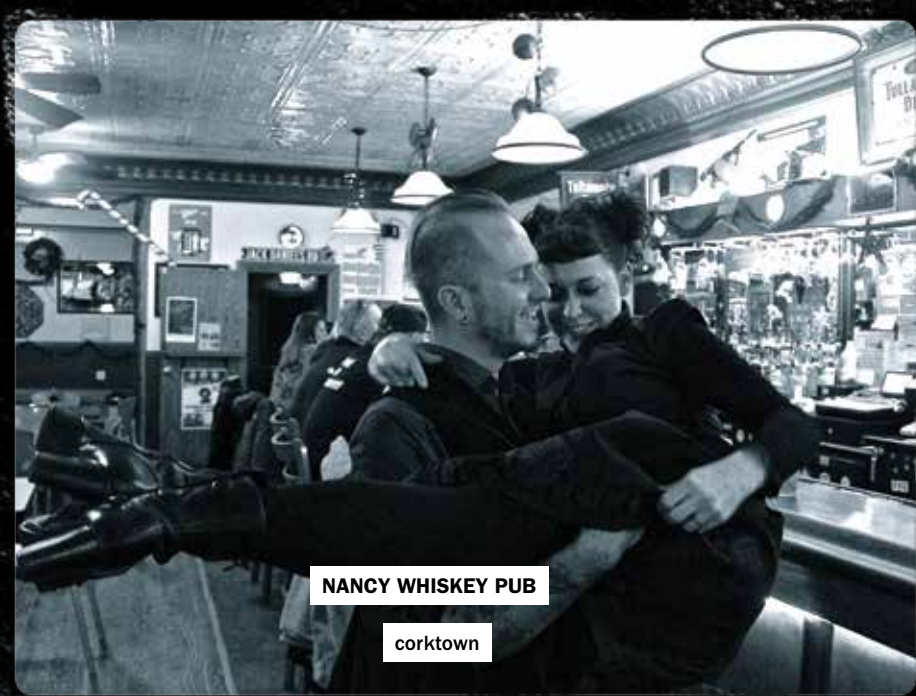
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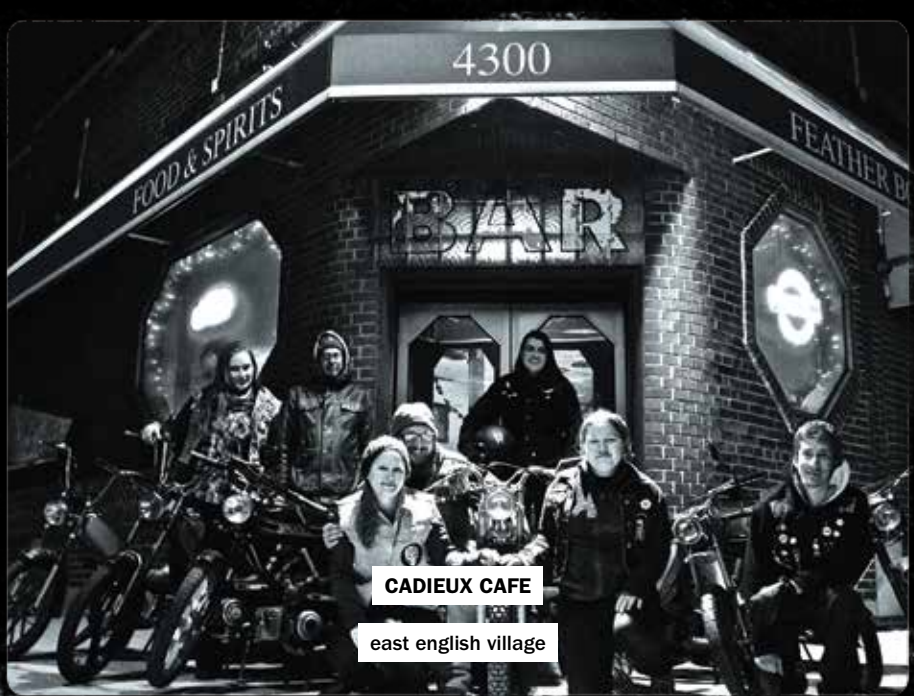
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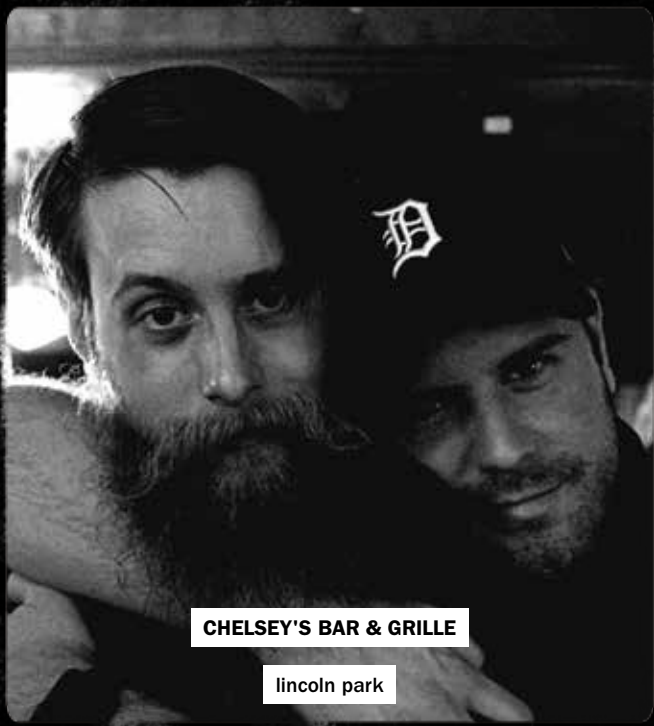
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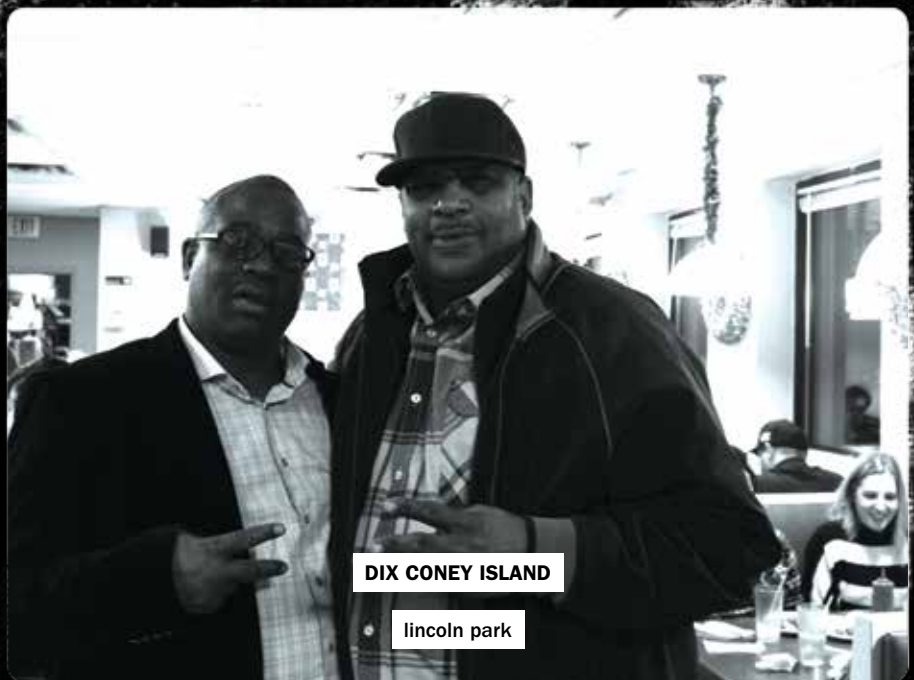
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WHEN DETROIT ALMOST LOST ITS HISTORICAL MONUMENTS TO WWII SCRAP METAL DRIVES

By Joe Neussendorf, Aff.M.A.SCE, ESD



Just think, the iconic statue of Hazen Pingree in Detroit's Grand Circus Park could have been declared World War II scrap metal to help America's war efforts. Imagine Pingree being transformed into metal plates for a warship or bullets! To build armored tanks, ships, and weapons required massive amounts of metal. A single armored tank needed 18 tons of metal, and one of the United States Navy's biggest ships took 900 tons.

Anything using metal, from chicken wire to farm equipment, was rationed, according to LEARN NC and war office sources. Detroiters were called upon to turn in scrap metal for war-time recycling and schools and community groups across America held scrap metal drives.

Celebrities helped promote these efforts. Even Rita Hayworth, the pin-up sensation actress, announced she was "harvesting a bumper crop for Uncle Sam." Detroit, being the car capitol of America, saw its automobile owners dismantling their metal car bumpers and replacing them with wooden ones. Piles of metal car bumpers, like big mounds of buffalo bones, were placed on train cars and shipped to the foundries.

Actors and actresses in the campaign to turn unessential metal car parts also helped America in its efforts to sell war bonds.

According to historical information published in 1943, both at the Michigan Historical Commission and the State Historical Society, meetings were held and statements placed on the record as "being strongly opposed to the scrapping of irreplaceable metal relics until such action becomes necessary."

The organizations expressed their belief that the sum total of metal in these historical relics was too small to

affect the course of the war one way or another, while their morale and cultural value is high, symbolizing things we are fighting for as a part of the American way of life.

The Grand Army of the Republic (GAR) who met at their old historic building in Detroit, took a similar attitude declaring that "the small amount of metal gained is not commensurate with the great historical loss." An article in the October 17, 1943 Flint Journal summed it up: "Until all available shapeless scrap is gathered from garages, barns, farmyards, and vacant lots, it would seem unnecessary to demand the junking of some of the nation's priceless trophies, cannons, statutes, bells and the like. Some of the finest chapters of our history are written on the iron tablets of monuments."

Frank Barcus, of the Detroit City Plan Commission, in 1943, mentioned the Detroit phase of the scrap metal campaign. "Detroit," he says, "has a few fine pieces of monumental heroic bronze sculptures, the Williams equestrian statue on Belle Isle, the Pingree statue in Grand Circus Park, Europa and the Bull at Banbrook, and the two quadriga groups on the County Building. Each of the quadriga groups has three horses, one chariot and three figures, towering above Cadillac Square.

"The war salvage drive has recently inspired the County Auditor to turn over the bronze groups to the scrap pile, but the offer creates a furor in the newspapers," Barcus continued. Fortunately, the focus on Detroit's historical monuments as a source for war metal scrap was abandoned, and today we are still able to see and learn from them.

Historical photographs courtesy wikipedia

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Midtown: Great Lakes Coffee, Honest John's, Wayne State University

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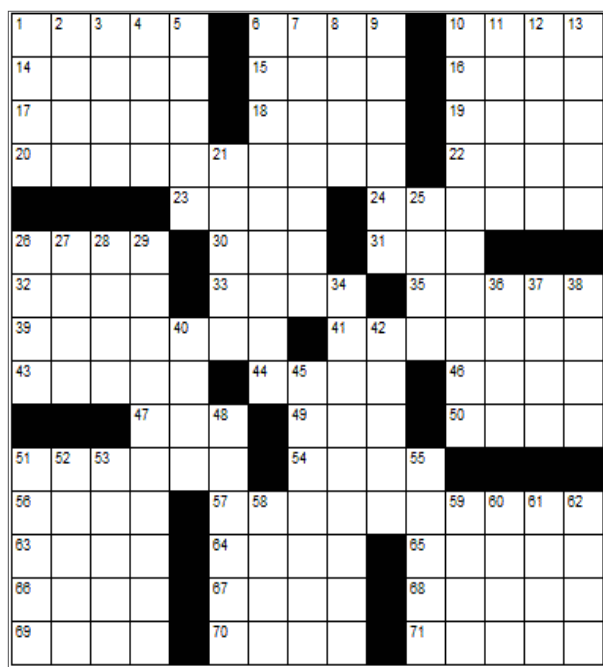
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CROSSWORD



ACROSS

- 1. Boxes lightly
- 6. Anagram of "Sage"
- 10. Kitty-cat
- 14. Hawaiian veranda
- 15. "Phooey!"
- 16. Initial wager
- 17. Sight-related
- 18. Forearm bone
- 19. Glance over
- 20. Analgesic
- 22. Articulates
- 23. Savvy about
- 24. Pass by
- 26. Russian emperor
- 30. Not used
- 31. Excavate
- 32. A single time
- 33. At one time (archaic)
- 35. Abatement
- 39. Earnest
- 41. Not functioning properly
- 43. Strict
- 44. Regretted
- 46. Region
- 47. Biblical first woman
- 49. A gesture of assent
- 50. 365 days
- 51. Literary compositions
- 54. Team
- 56. Close
- 57. Crystallizes
- 63. Indian dress
- 64. Nights before
- 65. Body
- 66. Therefore
- 67. Tidy
- 68. Inclination
- 69. Observed
- 70. Makes a mistake
- 71. Affirmatives

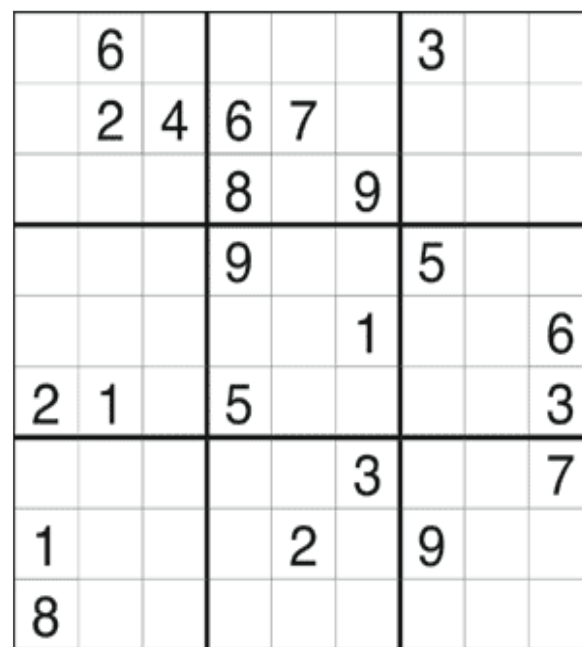
DOWN

- 1. Swill
- 2. Dad
- 3. Against
- 4. Shower
- 5. Pervert
- 6. Cheater
- 7. Hanging platform
- 8. Sea eagle
- 9. Caught
- 10. Corridor
- 11. Open, as a bottle
- 12. Remains
- 13. Feel
- 21. Not outer
- 25. Easter flower
- 26. Throw
- 27. Hissy fit
- 28. Skin disease
- 29. Diversion
- 34. Theoreticians
- 36. Rubber wheel
- 37. Component of urine
- 38. Sweet juicy fruit
- 40. Covetousness
- 42. Supplemented
- 45. Ill-defined
- 48. Ancient ascetic
- 51. S S S S
- 52. Portion
- 53. A sudden forceful flow
- 55. Humorous
- 58. Not under
- 59. Not aft
- 60. Angers
- 61. Feudal worker
- 62. Mats of grass

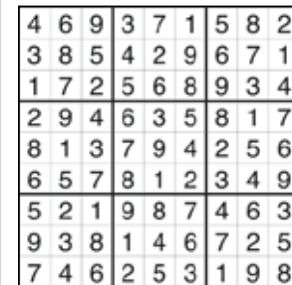
LAST MONTHS ANSWERS



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LAST MONTHS ANSWERS



GUESS WHAT BATHROOM



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