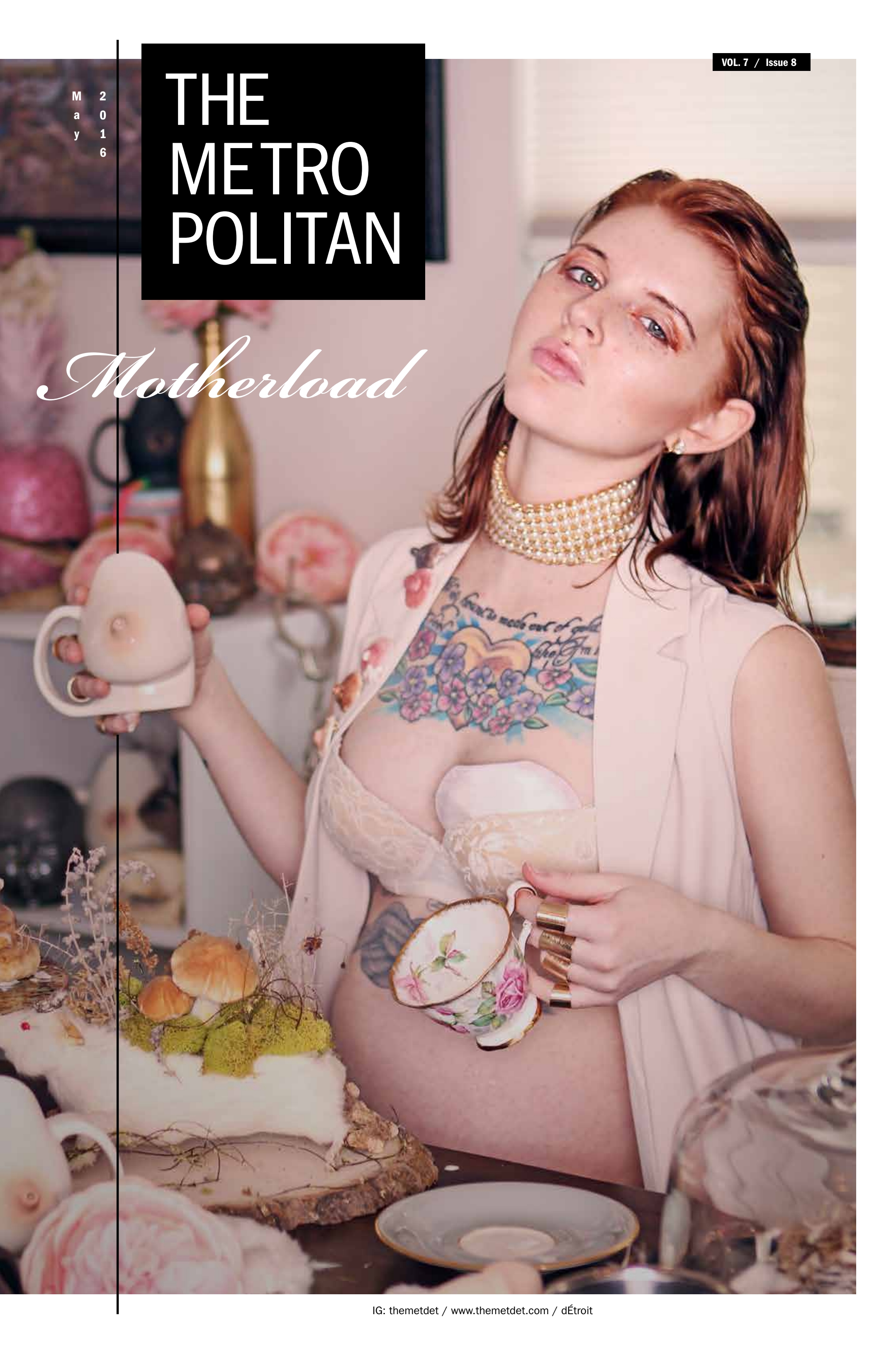


M a y 2 0 1 6

THE METRO POLITAN

VOL. 7 / Issue 8

Motherload



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EDITOR'S NOTE

MOTHERLOAD

Everyone is pregnant. Everyone. In fact, I recently discovered that my significant other is pregnant and for the first time in my life I am going to be a father. A dad. That means I have a baby on the way. En route. It's coming. All I can do is hope and pray that the little guy – we're having a boy - arrives safe and sound, with all of his fingers and toes (this time last year, at five weeks, there was a miscarriage).

Did you hear that? I'm having a son. A boy. 18 weeks, and it's still nearly impossible to believe. Even after the trips to the OBGYN, the blood tests, the urine tests, and the ultra sounds, where I witnessed the heartbeat of a baby fetus, my baby fetus (or, should I say, my baby mama fetus), and it's still a bit too much to absorb.

Correction: My wife. According to the Urban Dictionary, Baby Mama is the mother of your child(ren), whom you did not marry and with whom you are not currently involved.

Oh, we're involved. Frankly, this whole thing is rather involving. Each morning, I listen as my wife drops knowledge from a baby app. My son has gone from the size of a sweet pea to a sweet potato before I could drop a few pounds for swimwear season. WTF? - This kid's coming fast (I guess they all do).

Family and friends have sent books, blankets, stuffed animals, and other infant equipage. Currently, there's a bassinet in my dining room – cutting my angle to the bar. Four and a half months out and I can't get a drink. This shit's for real. Even the cats are getting nervous.

And, suddenly, everyone's a doctor. Experts in delivery. Which is fine. I mean, thank you for the love and support offered to the mother of my child, but why are you talking to me?

Everyone asking, "Are you gonna be in the delivery room? Are you going to cut the umbilical cord?" Am I going to cut the umbilical cord? What am I, Dr. Oz? Isn't that what Obamacare is for?

Can you believe that some have even inquired – and, I'm going to have to ask those with weak constitutions to please continue reading with one eye – as to whether or not my wife and I will be eating the placenta?

How do you respond to that...?

This whole thing is outrageous. It's beautiful. It feels like an alien life form is headed this way and it's my job to be a proper ambassador. It's miraculous. It's crazy. Which is why I'm petitioning to name my son Crazy Horse, after the great leader of the Oglala Lakota people, so that he, too, may have strength and courage in the face of the unknown.

Of course, my wife (and everyone she knows) feels Crazy Horse might cause a bit of a stir in the classroom.



We'll see ...

Anthony Brancaleone

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NINE MILE AND WOODWARD. FERNDAL, MICHIGAN

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If you enjoy **The Metropolitan** we ask that you share it with family and friends. In this way the life of each issue will be extended through deep analysis and intense discussion. We think that’s a good thing. We also think **The Metropolitan** makes for fine gift-wrap.

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READ AT YOUR OWN RISK

This paper has not been proof read and most likely never will. For more information regarding this anomaly, please see the ‘Letter from the Editor’, November 2010, online at themetdet.com



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Tour d’Etroit	Motherload	Street Photography Palace of Versailles	Games

COMMUNIQUE

BEFORE THE BIRTH OF ONE OF HER CHILDREN

All things within this fading world hath end,
Adversity doth still our joys attend;
No ties so strong, no friends so dear and sweet,
But with death’s parting blow are sure to meet.
The sentence past is most irrevocable,
A common thing, yet oh, inevitable.
How soon, my Dear, death may my steps attend,
How soon’t may be thy lot to lose thy friend,
We both are ignorant, yet love bids me
These farewell lines to recommend to thee,
That when the knot’s untied that made us one,
I may seem thine, who in effect am none.
And if I see not half my days that’s due,
What nature would, God grant to yours and you;
The many faults that well you know I have
Let be interred in my oblivious grave;
If any worth or virtue were in me,
Let that live freshly in thy memory
And when thou feel’st no grief, as I no harmes,
Yet love thy dead, who long lay in thine arms,
And when thy loss shall be repaid with gains
Look to my little babes, my dear remains.
And if thou love thyself, or loved’st me,
These O protect from stepdame’s injury.
And if chance to thine eyes shall bring this verse,
With some sad sighs honor my absent hearse;
And kiss this paper for thy dear love’s sake,
Who with salt tears this last farewell did take.
Anne Bradstreet (1678)

TO MY MOTHER

Because I feel that, in the Heavens above,
The angels, whispering to one another,
Can find, among their burning terms of love,
None so devotional as that of “Mother;”
Therefore by that dear name I long have called

you—
You who are more than mother unto me,
And fill my heart of hearts, where Death installed
you,
In setting my Virginia’s spirit free.
My mother—my own mother, who died early,
Was but the mother of myself; but you
Are mother to the one I loved so dearly,
And thus are dearer than the mother I knew
By that infinity with which my wife
Was dearer to my soul than its soul-life.
Edgar Allen Poe (1849)

THE LITTLE BOY FOUND

The little boy lost in the lonely fen,
Led by the wand’ring light,
Began to cry, but God ever nigh,
Appeard like his father in white.

He kissed the child & by the hand led
And to his mother brought,
Who in sorrow pale, thro’ the lonely dale
Her little boy weeping sought.
William Blake (1791)

NATURE – THE GENTLEST MOTHER IS

Nature — the Gentlest Mother is,
Impatient of no Child —
The feeblest — or the waywardest —
Her Admonition mild —
In Forest — and the Hill —
By Traveller — be heard —
Restraining Rampant Squirrel —
Or too impetuous Bird —
How fair Her Conversation —
A Summer Afternoon —
Her Household — Her Assembly —
And when the Sun go down —

Her Voice among the Aisles
Incite the timid prayer
Of the minutest Cricket —
The most unworthy Flower —
When all the Children sleep —
She turns as long away
As will suffice to light Her lamps —
Then bending from the Sky —
With infinite Affection —
And infiniter Care —
Her Golden finger on Her lip —
Wills Silence — Everywhere —
Emily Dickinson (#790)

MOTHER TO SON

Well, son, I’ll tell you:
Life for me ain’t been no crystal stair.
It’s had tacks in it,
And splinters,
And boards torn up,
And places with no carpet on the floor—
Bare.
But all the time
I’s e been a-climbin’ on,
And reachin’ landin’s,
And turnin’ corners,
And sometimes goin’ in the dark
Where there ain’t been no light.
So boy, don’t you turn back.
Don’t you set down on the steps
’Cause you finds it’s kinder hard.
Don’t you fall now—
For I’s e still goin’, honey,
I’s e still climbin’,
And life for me ain’t been no crystal stair.
Langston Hughes (1922)

EDIFICATION



ON THE COVER

Photographer: J.L. Cappella
Model: Holli Liden
Hair/Mua: Jenni Lee
Clothing Stylist: Amber Nicole
Set Stylist: Shanta Ambady

Duster/Jewelry: Stylist Kit, Nipple
Broaches: Shanta Ambady, Bra:
Marshalls

Set Credits:
Handcuffs: Nior Leather, Cirillas
Moloko Milk Cups/Penis Pistol/
Taxidermy Guinea Pig Sculpture
Gold Cupie Head/Silver Baby, Head:
Shanta Ambady, Teacups: Model's
Personal Collection Flowers; Dollar
Tree, Nursing Pad: Lansinoh

MET•RO•POL•I•TAN

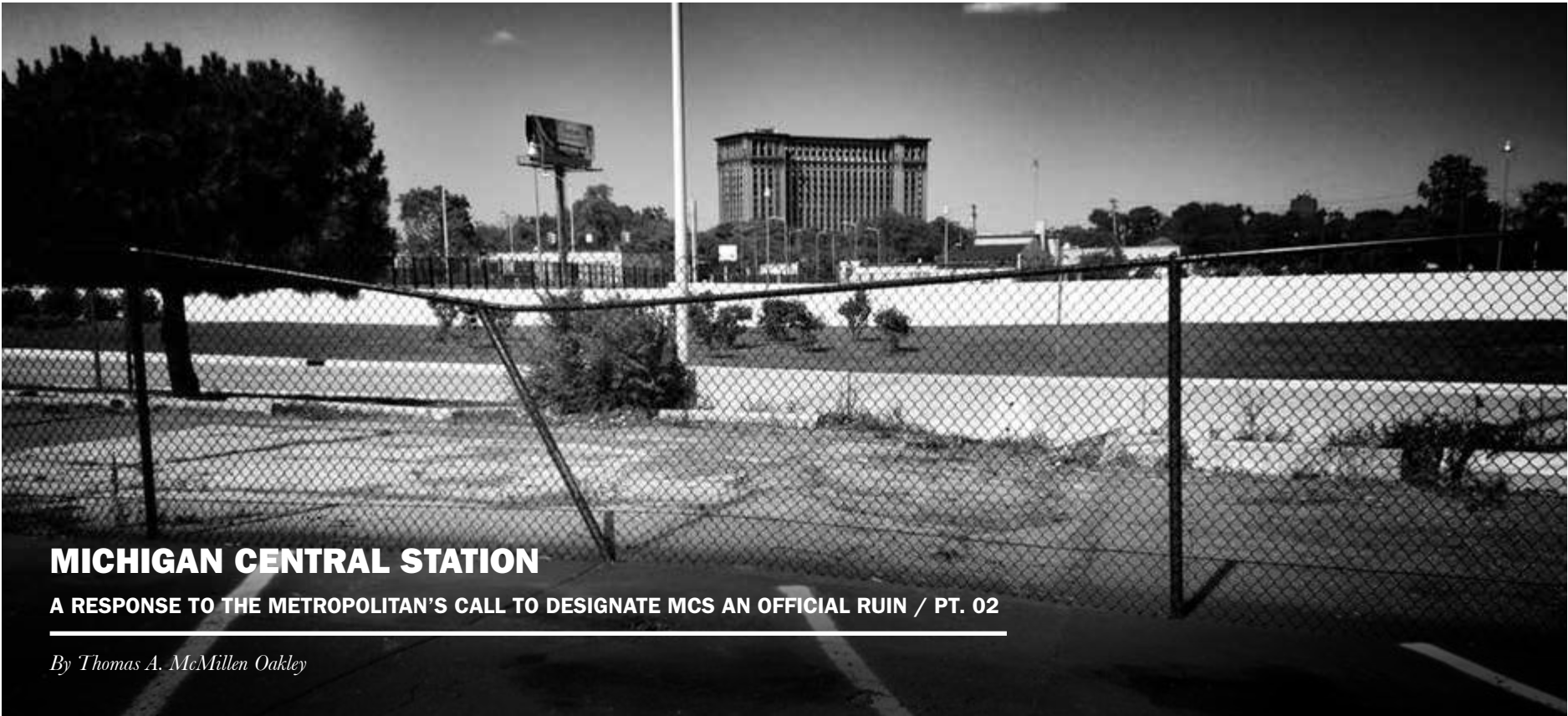
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NOUN

a person who has the sophistication, fashionable taste, or other habits and manners associated with those who live in a metropolis.

ADJECTIVE

of, noting, or characteristic of a metropolis or its inhabitants, especially in culture, sophistication, or in accepting and combining a wide variety of people, ideas, etc.



MICHIGAN CENTRAL STATION

A RESPONSE TO THE METROPOLITAN’S CALL TO DESIGNATE MCS AN OFFICIAL RUIN / PT. 02

By Thomas A. McMillen Oakley

Aside from the four Turtles and their artistic namesakes, most people know very little about the Renaissance. It was a period of great rebirth and revival for both the arts and the sciences. Cities flourished and grew at alarming rates. When I lecture on the Renaissance in my Art History classes at Jackson College, and with the Michigan Department of Corrections Prison Education Initiative, I share with them what is happening in Detroit, specifically with the Heidelberg Project and Michigan Central Station.

When I saw editor Anthony Brancalone’s article, North America’s First Modern Ruin (March 2014/15), I knew it had to be included in my class. It presents a start, a “what if?” to the discussion that is taking place about growth and rebirth in Detroit.

Recently, I asked my students to weigh in after reading the article and to offer their suggestions for what to do with this modern ruin. The responses from my prison students are often in stark contrast to those on main campus; where the students behind bars see no hope, the students on the outside see great potential. Thanks to Anthony for allowing me to use this in my class.

The following are responses and further ideas about what should be done with Michigan Central Station. In most cases the names of students have been changed:

A FUNCTIONAL RUIN

After reading the articles on the Michigan Central Station it really interested me and

got me thinking. The history behind the Michigan Central Station and the amazing impact of transportation and importance it had amazed me. It’s incredible how relevant the station was and the many “historical figures” who have used it. After the station had been left in ruins, there is so much possibility and potential to consider today.

Personally, I think that the station could be turned into something that both allows for a “functional ruin” as well as renovated into something interactive with the sense of the greater community. To make this happen, and for there to be no budget, the possibilities are really, truly endless.

I would turn the station into a both a museum and historic place, where people and families could come to view and learn about the past of it’s use and the people who came through there. Tours could be available with views of the “functional ruins” and also renovations of what it was like before. Also in the station I would put a “dinner track”, where people could buy tickets to go on the train and have a fancy dinner. Another addition I would make would be a concert/live music arena in the downstairs, where baggage and what not was formerly kept. There would be a bar as well downstairs. In other areas of the station, I think it would be neat to have small boutiques and shops, as well as restaurants and coffee shops.

In conclusion, there is much potential for the Michigan Central Station. It is kind of sad to see something that was once so great fall to ruins, but there is also beauty in the ruins and what can become of that. It is really limitless

the things that the Station can become and be molded into, whether it falters, as far as from what it used to be, or be made almost identical to what it was. I think it is great that people are taking it into consideration and appreciation of what is there and what can be made of it ~ Josephine (student)

MICHIGAN STATE POLICE HEADQUARTERS

I think the city of Detroit would be better off reconstructing the original design of the building as much as possible and turning it into the headquarters for the Michigan State Police. It would be well taken care of; the police would have plenty of space for their headquarters, along with detachment of Homeland Security and trade inspections. They could even offer tours for the building as a historic landmark since most of the offices are located on the upper floors, they could keep the bottom floors as tourist attractions and have a real use for the building ~ Frederick (student).

CASINO

Michigan Central Station is a building that has been vacant for a long time. The walls have been tagged and even the floors. The question is do we leave it as is or do we renovate it and make it become an attraction or work building that can help the state of Michigan. There have been many ideas as to what it could be renovated to. Such as, police station, trade processing center, and even a casino. Money is always an issue in most of these ideas but if we ever got the money to do so all of those ideas would be good ones. I believe that a casino would be the best idea for a renovation to the Michigan Central Station.

The state of Michigan needs to embrace change and have the Michigan Central Station remodeled into a casino. We can’t let that big building just sit there. The building is huge and could have thousands of people in it at once. If we turned this big building into a giant casino it would bring in a lot of people and a large tourist attraction for Michigan to gain more money. The cost to build the casino is around \$1.2 billion, which is an insane amount, but so many people lose money at casinos so I feel like getting the money back would not be a problem.

However, if money were of no issue, the casino would be a great idea. The building is big enough to house a casino, restaurants, and even hotel rooms for people staying. The casino would be very large in size for all of the gambling games. Even outside of that part could be restaurants that could charge a lot for food to gain even more money. Most people don’t like to leave when they’re gambling either so by making a hotel

in the casino would bring in more money while grabbing more tourists and visitors. If Michigan could find a way to get the money I believe a casino would be a perfect renovation of the Michigan Central Station ~ Alisse (student)

MODERN RUIN

In the article, “North Americas modern ruin” A proposal is made to create functional ruins out of the beautiful disaster that is the Michigan Central Station. Many people have brainstormed and thought put pricing, and possibilities that they could do to renovate the masterpiece. I see these points and also see a great opportunity is changing the out dated ruins into a functional work of history. The renovations have been estimated between \$80-300 million. With such a wide range of options and so much room available the mind can run wild thinking of what to o with the station.

I believe that modern ruins are best left unchanged and untouched. With the style and persona of Detroit as well as the state of Michigan, I feel it is a great monument to what we stand for. It is a big smelly building that was once a flourishing destination, but it is also a work of art and a legacy of what the great city used to be. Detroit is in a rebuilding state and I feel like with all these new architectural buildings and designs it is very important to keep the Michigan Central station as a monument to the great beauty it was back in the good ole days.

There are many new and hip buildings that change color, reach to the heavens, and engulf the cities landscapes. But no matter how crazy, advanced, and futuristic we can build we can never forget the past. Just like the great Coliseum, the Michigan Central Station is a showcase of talent and wealth. While it is covered in graffiti and smells like a dead cat, its great detail and craftsmanship stills shines through the cracked walls and bankrupt city.

The station is not something to change or remodel because there is no possible way that they would ever be able to achieve the beauty and architectural beauty that is showcased in the ruins. I say that the best thing to do with this behemoth building is block it off, clean it up a bit, and let the Michigan weather etch away at it and keep it as a monument and a modern ruin.

Look for Part 03 in next month’s issue of The Metropolitan. Submit your ideas for print consideration to anthony@themetropolitandetroit.com



INTERIOR MICHIGAN CENTRAL STATION

This to me is a beautiful and rustic picture and really captures the older and run down style but shows the beautiful and skillful design. This isn’t to be changed but to be maintained in a way that showcases the beauty

MOVEMENT

AN INSIDER'S GUIDE TO THE AFTER PARTIES



Of course, there is the option to shell out \$175-\$300 for Movement passes, see the biggest names in the scene from around the world, pay extreme pricing for drink and food, and play in a concrete jungle. Or, one can go native and support the local scene that made Detroit, like writer **ERICA PIETRZYKI**

Many venues around Detroit are offering almost 24 hour parties, with local DJ's and those from afar coming together to keep the underground afterhours scene alive and moving.

Plan on starting your Friday night at **Marble Bar**. It's a \$5 cover with a talented lineup of music. If you haven't been, you're missing out on this new gem. It has about a 2,000 sq. ft. dance floor, a wonderful selection of spirits. I've heard that their new patio will be open with a fire pit, outdoor stage and bar. The staff is knowledgeable, friendly, and fun. There will be music all weekend from 7AM-4AM. **Marble Bar 1501 Holden Street Detroit MI 48208**



Tangent Gallery should be next on your list. Music runs 24 hours starting Friday night and ending Tuesday Morning. Each night is \$25 and you will witness an amazing spread of stellar talent from all over the world. It is really easy to get lost in a time warp here, which is why I love it. I can get lost in a groove and by the time I stop to go have a smoke the night isn't as dark, because the sun will soon be rising. Its spacious set up makes it easy to feel like you still haven't found another realm of the party. **Tangent Gallery 715 Milwaukee Ave. Detroit MI, 48202**

Eden II is a production by **Modern Cathedral**. **Samuel Kerridge** is making a trip from the UK to USA for this event, mastering styles of Contort and Downwards, it will keep you moving all night long. **Veronica Vasicka** is known for her keen sense of minimal wave. **Steve's** reputation is for skills of repitch alterations to common sounds.



If correctly planned, you can be out with enough time to catch **Norway Detroit's** special **BAK DOR Studio 54 Edition**, at the **Grenadier Club**. I'll have to remember to wear my polyester party pants and gold disco top. I've heard a lot of hype for this show. **DJ Holographic**, **Rex Bravo**, **Bunny Hop**, and **RJ Stefanski**. DJ Holographic gets your body moving with sounds of funky nudisco deep house. I've spent a few of the happiest moments of my life dancing while she plays the tunes making me move. Rex is

sure to keep your body moving with his upbeat dance mixes. **Bunny Hop** masters the style of house disco electronic while **RJ Stefanski** drops experimental ambient new age sound art on your mind. **Grenadier Club 3101 McDougall St Detroit MI 48207**

As the sun rises **Belle Isle** will be in my future. A quick disco nap on the beach before the rest of the weekend starts is a must. **Briggs** is hosting **SKRU** for a rooftop dance party all day. **Briggs 519 E. Jefferson Detroit MI, 48226**

A club in Berlin, **Tresor** is known for its long-standing reputation of underground late night parties that go until the sun shines at dawn. Featuring the sound of Germany's **Mortiz Von Oswald** (dub/house/electonica), the UK's **Regis** (electronica), Russia's **Dasha Rush** (Dancewave/electonica/synth), and Detroit native **Terrence Dixon** (minimalism/synth/electonica), with appearances are **Mike Parker**, **Silent Servant**, **Claude Young**, and **Anthony "Shake" Shakir** - **Tresor** comes to **Tangent**. I'm pretty syched to see **Dasha Rush**. She is a favorite of mine.



I will more than likely make a stop by **TV Lounge** to see **Biz Markie** play a set. It's a \$30 ticket but also on their list of DJs for the night to look out for are **No Regular Play** and **Soul Clap**. **Soul Clap** is another favorite; they play funky beats that keep your soul alive and moving. **TV Lounge 2548 Grand River Ave.Detroit MI, 48201**

Last night, Saturday, at the **Whiskey Parlor** is looking like the spot to be, **Rex** and **Bunny Hop** will be spinning beats. **Whiskey Parlor 608 Woodward Ave. Detroit MI, 48226**

Sunday and Monday I only have leads for the **Tangent Gallery**. Sunday **No Way Back** takes the stage. Featuring music by, **BMG** (House/Electonica/Dance), **Carlos Souffront** (Acid/Indie/Electonica), **Erika**, **Patrick Russell** (Drum/Hiss/Gritt), **Mike Servito** (Techno/House), **Derek Plaslaiko** (Dance/House), **Bryan Kasenic**, **Scott Zacharias**, **John Elliot**, **Nihal Ramchandani**, and a super secret live show I can't tell you about, but you should be there to see it.

Monday is **Tangent's** annual Industrial Day/Night.

It is still early in the month; I'm sure the week before more parties will be leaked. This should give you a good idea of what is happening outside of Hart Plaza. Enjoy the holiday, drink water, and don't do anything I wouldn't do...

NBRHD

SOUTHWEST

By Maria Bologna



Mexicantown - a two block radius on Bagley between the Fisher Service Drive and 24th Street – is an area filled with gringo-fied restaurants that serve greasy pools of American cheese drenched foods and disgraced Tacos topped with shredded lettuce, sour cream and yes more cheese. At all costs, avoid this commercialized tourist trap...I'm talking to you Xochimilco fans!

Instead, venture further into this vibrant neighborhood to truly experience Mexicantown. There, in Southwest Detroit, you'll find a thriving community filled amazing Mexican & Central American markets, restaurants, historic churches, breathtaking murals and art, parks, and a plethora of other great treasures to be discovered.

On a culinary note, be sure to visit any of the taco trucks scattered around this neck of the woods. They serve some of the most delicious and underrated tacos in the area! You'll find them concentrated along Vernor between 24th Street and Springwells. My personal favorite taco truck is El Caballo (on Springwells in a parking lot adjacent to Charlie's bar).

Buen provecho!

FEATURED DISH: PASTELES DE POLLO



At Pupusería y Restaurante Salvadoreño you'll find authentic and tasty Salvadorean cuisine.

While they're known for their Pupusas (a thick masa/cornmeal tortilla filled with cheese and/or meat), where they really shine are with their scrumptiously decadent Pasteles de pollo. Empañada-like dumplings made from masa (aka cornmeal) and stuffed with sauteed onions, diced potatoes, and slow cooked chicken. Que rico!

Two other dishes worth ordering with your Pasteles: Tamal de Elote (Sweet Corn Tamale cooked in a Banana leaf) and their Sweet Plantains!

3149 Livernois Ave Detroit, MI 48210 (313) 899-4020

PLACES TO VISIT

-  **Neveria la Michoacana**
An ice cream shop that makes fantastic Paletas (aka fresh fruit popsicles) and addictively delicious Agua Frescas (a fresh fruit drink that's refreshing and tasty)! 4336 W Vernor Hwy
-  **Matrix Theatre**
Great community theatre with fantastic plays and programming! 2730 Bagley Ave
-  **Honey Bee Market**
Local supermarket with arguably THE BEST Guacamole...period! 2443 Bagley Ave
-  **Sherry's on Vernor**
Friendly neighborhood bar with cheap drinks and a laid back vibe! 7631 Vernor Hwy
-  **TAP (The Alley Project)**
A community project of large-scale murals & street art that adorn the neighborhood garages. Located in the alley between Avis & Falcon streets

Find Maris Bologna on Instagram @thedetroitfoodie

beauty mark

Baby Soft Skin

By Pro Makeup Artist Jeanette Frost

Many changes have occurred within and outside of my body now that I am well into my second trimester of pregnancy. On a beauty note, my skin has never looked better! People have known about the "Pregnancy Glow" for decades, but science is not definitive as to why. While hormones may play a factor, I believe it also has to do with lifestyle. Call it, "mother-to-be Intuition".

• **WATE** Drink copious amounts of water. Everyone should be drinking 8-10 cups per day, but pregnant women may end up suffering from heartburn, swelling of hands and feet and other fun symptoms if they do not. Needless to say, I've never drank so much water in my life.

• **CUT CAFFEINE** Most doctors encourage pregnant women to limit caffeine to 200 mg per day, which is about 2 cups of coffee. Since I lost my taste for coffee once I became pregnant, kicking caffeine completely was fairly easy (though tiring at first). Caffeine can be dehydrating so that is counter productive to skin health. I rely on Vitamin B-12 supplements to give me a nice boost of energy.

• **VITAMINS** Consuming the proper amount of minerals



and nutrients on a regular diet can be difficult, even while eating fairly balanced, that is why everyone should supplement with a daily multi vitamin. Think of it as feeding your skin.

• **EXERCISE** There's nothing like a rapidly growing belly to motivate one to do some form of exercise (pregnant or not). Even gentle exercise will increase circulation, which will assist in giving us that healthy rosy glow. Deep breathing increases oxygen that also contributes to "feeding" our skin.

• **REST** Getting good rest is also crucial to achieving healthy younger looking skin (but, I can't attribute this to the Pregnancy Glow, because we Pregos have a tough time getting adequate sleep).

Find Jeanette Frost on Facebook

WHO WHAT WEAR

A Look at the Creative Class

By Anthony Brancalone & Jeanette Frost

WHO:: Aaron Siepierski
Professional Estate Liquidator
Aaron's Estate Sales



Siepierski's mission for Aaron's Estate Sales is to help families obtain the highest value from their treasures, while offering second-to-none customer service. He studied fine art, antiques & architecture with dedicated passion, and spent five years under several prominent antique/art collectors, appraisers and dealers. After recognizing a need for improvement in the industry, Siepierski launched his own company, with an eye on reinventing the estate sale.

Siepierski enlisted the team of Allison Ruby and Rebecca Durand. From organizing and staging, to branding and promotion, the team developed a system that streamlines procedures, and has helped to create a new industry standard in pricing, display, social networking and most importantly, customer service.

Aaron's Estate Sales has received national recognition for being one of the top **50 Most-Viewed Estate Sale Companies** on estatesales.com, along with winning awards for best estate sale website and best marketing. Siepierski is one of the founding members of the **National Estate Sale Association (NESA)**, the first national trade association that brings together estate

sale company owners from across the USA in an effort to strengthen the ethics of the industry.

WHAT::
Nature's Playhouse Natural Play and Wellness Center



There are not many places for parents to take little children. Even parks lack equipment for developing toddlers and babies. Today's parents can be lost in this world of over-stimulating children's activities, frazzled by noisy, animated games and crowded play spaces. Nature's Playhouse offers non-toxic natural wood toys and furniture, encouraging children to have fun with their imaginations.

Courses and services are taught by licensed social workers, counselors, registered yoga instructors and consultants. Registered yoga instructors that are trained in prenatal yoga teach prenatal yoga classes; an important element when seeking instructors who understand the modifications pregnant women must use for both their safety, and for baby. It is also comforting being in a class full of pregnant women, learning from their experiences and building new friendships.

Services include: Drop In Play
Courses - Baby Sign, Infant Massage, Hypnobirthing, Bump to Birth, It Takes

a Village, Bubble Club and more!
Fitness Classes - Prenatal Yoga, All Level Yoga, Yoga/Play, Baby & Me Yoga, Kids Yoga, Prenatal Belly Dance, Baby Wearing Dance and Belly Dance Fitness.

Nature's Playhouse also hosts free support groups including Birth Recovery, Breastfeeding, LGBTQ Parenting Support Group, and Baby Wearing.
Nature's Playhouse 318 W. 9 Mile Rd. Ferndale 248.995.3219
naturesplayhouse.com

WEAR:: Stein Van Bael
Designer: Venus Rising Collection



On May 22nd, 2016, Detroit designer and creative bad-ass Stein Van Bael will unveil her ready-to-wear line, beginning with her SS16 Venus Rising collection, at an invitation only event that is sure to shake the city. Locally, garments will be sold exclusively at the Detroit Clothing Circle. The brand expansion will include a move to make clothing available online at steinvanbael.com


The Detroit Clothing Circle is open Tuesday-Saturday 12-7PM, Sunday 12-6PM, and is located at 3980 2nd Ave, Detroit, Michigan 48201
Image: Clothing by Stein Van Bael, Chainmaille by Lindsay Cashews



Strictly Vintage

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MANIFESTO®



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Motherload

Photographer J.L. Cappella

Model Holli Liden

Hair/Mua Jenni Lee

Clothing Stylist Amber Nicole

Set Stylist Shanta Ambady

♥ Pants: BCBG Max Azria, Top/Jewelry: Stylist Kit, Jacket: Macy's (Lakeside Mall)

Set Credits: Skulls: Painted Lady Trashions, Gold Tennis Shoes: Forever 21, Vases: Pier 1, Balloons: Dollar Tree, Party City, Gold Picture Frame: Joanne Fabric, Baby Carriage: Set Stylist's Personal Collection, Baby Heads/Moloko Cups/Cupie Head/Taxidermy BDSM Squirrel Sculpture: Shanta Ambady





♥ **Left:** Dress: Kouture Styles Boutique, Eastpointe MI., Jewelry: Stylist Kit

Set Credits: Pickles: Dollar Tree, Gold Bananas/Volcano Vessel/Gold Cupie Head/Penis Pistol: Shanta Ambady, Gator Head: Necromance, Tiki Mugs: Muntiki

Right Top: Top/Pants: BCBG Max Azria, Jewelry: Stylist Kit

Set Credits: Balloons: Party City, Iridescent Skirt: Eat Da Rich, Wet Specimens: Painted Lady Trashions, Necromance, Beer Bottle: Rouge Brewery/Voodoo Doughnut, Voodoo Dolls: Marie Laveau's House Of Voodoo, Revrand Zombie's

House of Voodoo, Erzulie's Voodoo, Island of Salvation Botanica, New Orleans History Of Voodoo Museum, Taxidermy: Shanta Ambady, Doll Head Lamp: Oddly Uncommon

Right Bottom: Bra: Hanes, Underware: Victorias Secret, Pompom Earrings: Eat Da Rich, Kimono: Set Stylist's Kit

Set Credits: Pickles: Dollar Tree, Children's Gas Mask: VIntage, Milk: Silk, Molko Milk Cup/Ceramic Skull with Steenbok Horn: Shanta Ambady

♥ Mask: Authentic Venetian Mask , Bra:
Model's Personal Collection, Necklace:
Forever 21, Handcuffs: Cirillas, Flogger: Nior
Leather, Cigarette Barrette: Shanta Ambady



HEADCLEANER

WEATHER FIX

By Marat Paransky



Susan Goethel Campbell’s 2010 video work, *Detroit Weather: 365 Days* was recently acquired by the Detroit Institute of Arts (DIA), and was on view from November to April. I saw the work a day before it closed, in a dimly-lit room nestled between the Rivera Court and Ancient Greece & Rome. At the time of the visit there was an unexpected soundtrack to the video in the form of the Sirius Quartet performance in the Riviera court.

Detroit Weather: 365 Days, writes the DIA, is a “two-channel video [which] comprises thousands of still images taken every minute, 24 hours a day, for one year, enabling the viewer to see how weather patterns come and go and move in all directions.”

The three views that we get come from cameras installed on the 22nd floor of the Fisher Building, and we see Downtown, southwest Detroit, with the bridge, Rouge Plant and Marathon refinery, and east Detroit with the incinerator, the river and Lake St.Clair.

At any one time, the sped-up, ninety-minute video is shown in two of the three angles, each taking turns switching to the other part of town. Thankfully, the dates and times do not correspond in the two projections, so there are different weather patterns and times of day showing in each.

There is a weird enjoyment to be had from these types of works. The weather is usually an interesting topic and, after all, how often do we find ourselves making small talk in an elevator or at the counter by saying something about it? Weather is a common denominator, as it touches us all and affects across all other concerns. (There is even such a thing as an addiction to the Weather Channel). When sped up, weather footage can also have its magical and unsettling moments.

In Susan Campbell’s work those moments include the unusually quick movement of celestial objects, the sudden directional changes in the paths of clouds, and the hasty arrival and departure of storms. At the same time, the video is as much about Detroit as it is about the atmosphere. All of the views are roughly half sky and half city, and the activity in the streets, shadows and smokestacks compete for our attention. Also, the occasional reflection of a computer screen inside the room housing the cameras serves as a welcome reminder that this is a working space. Caspar David Friedrich this is not—there are no Romantic notions of the tininess of humankind in the face of nature. The feel is more of raw data, so much so that I can’t even recall having a single thought about global warming while watching the work, and that is a rare thing these days.

Detroit Weather is essentially nothing new in concept. The 1982 film Koyaanisqatsi comes to mind, with its sped-up views of everyday life, as well as the Weather Channel’s days-long footage of snowstorms condensed into a minute. But the time-frame of the video is impressive, and the work reveals a genuine interest in meteorology. It also works well when exhibited next door to Rivera’s murals, as it offers a contrasting image of the city.

This brings us to the last point, concerning the DIA: why not make it permanent? How about reworking the room into a black box and trying to project all three parts? A couple of curtains for soundproofing? Certainly, a world-class museum can do better.

Clips of Detroit Weather: 365 Days can be seen at www.susangoethelcampbell.com

UPDATE ON WHITDEL ARTS

On April 8th, the Whitdel Arts crew came to hang the member and emerging artist shows. What they found was a new lock on the gallery’s door. SW Solutions informed them that the space is now “under new management” and that they will have a day to remove all of the art and gallery equipment. In all likelihood, this was a hostile takeover from a former colleague with connections to SW Solutions. Either way, the gallery will no longer be at 1250 Hubbard, and whatever will occupy its space will not be called Whitdel Arts.

Inner State Gallery and Corktown Studios were kind enough to host the two shows, but at the time of writing it is unclear where future exhibits will take place. This is a loss for southwest Detroit, and SW Solutions is to blame.

FILM

CINEMA DETROIT MIDTOWN

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Blue Velvet
30th Anniversary
Restoration
Friday, May 13

Park Circus Films and MGM Studios have stunningly restored David Lynch’s sensual mystery thriller about strange happenings in a small all-American town.

College student (Kyle MacLachlan) stumbles across a bizarre mystery and wants to know more, perhaps too much more. The oblique world he's found lurking beneath his hometown's picture-postcard veneer is about to become violently stranger. Also starring Isabella Rossellini, Laura Dern, Dean Stockwell, and the inimitable Dennis Hopper.



Dying of the Light
Friday, May 20

Dying of the Light explores the history and craft of motion picture presentation through the lives and stories of the last generation of career projectionists. By turns humorous and melancholic, their candid reflections on life in the booth reveal a world that

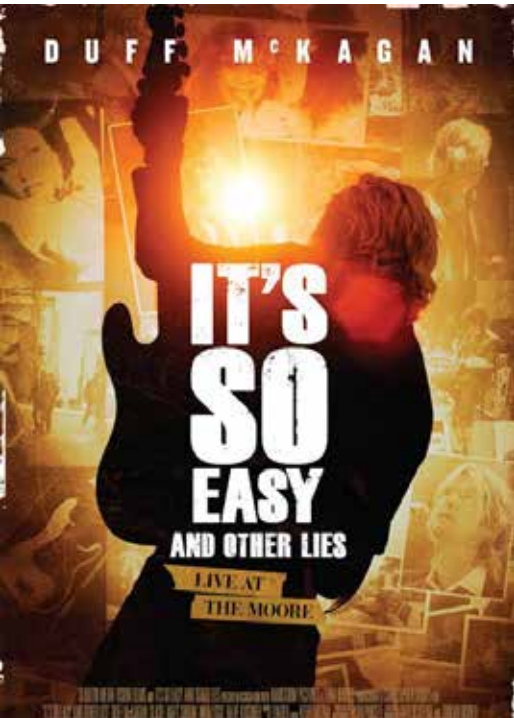
has largely gone unnoticed and is now at an end. The result is a loving tribute to the art and romance of the movies—and to the unseen people who brought the light to our screens.

Trip Metal Fest
Saturday, May 28 - Two shows only - 7:00 and 9:00 p.m.

“Trip metal aims to capitalize on confusion as a means of connection, rather than a threat to authenticity. It is not really any one idea — it is every idea at once. This concept is similar to noise. Noise is every frequency at once, and by filtering, you can in theory make any sound possible. Trip metal can be used as carrier signal that modulates and decodes life in the same [way] a ring modulator multiplies two signals and typically creates a bell tone.”

MAIN ART THEATRE

Royal Oak



It's So Easy and Other Lies
Thurs May 26

It’s So Easy and Other Lies is the authorized documentary that takes the audience on an incredible cinematic journey from a driven Seattle teenager's meager beginnings to the Rock and Roll Hall of Fame. The man is Michael McKagan, better known to the world as “Duff.” The band is Guns N’ Roses. The band became the ultimate icons of sex, drugs and rock and roll, causing pandemonium in their wake, but the lifestyle caught up with Duff, leaving him close to death. Duff provides a voice that is as honest as it is indelibly his own as he takes viewers on his harrowing journey through the dark heart of one of the most notorious bands in rock and roll history and out the other side.



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Rock Steady Boxing, a unique exercise program based on training used by boxing professionals, and adapted to people with Parkinson's disease, is going strong at The Boxing Rink in Troy.

The program involves regular exercises, such as stretching, running, jumping rope, push-ups, and balancing exercises, as well as voice activation, cognitive thinking and fine motor skills strengtheners, along with lots of non-contact **BOXING**, led by experienced trainers and coaches. Rock Steady Boxing serves both men and women of all ages and levels of ability.

"We saw there was a need in the area with so many people suffering from Parkinson's disease," says Michael Martelli, professional boxing coach, CPT, Rock Steady certified coach, and owner of The Boxing Rink. "And worked quickly to bring this program to our area."

Martelli hired Carol Schram, the only RSB certified coach in the area at the time, whose husband suffers from Parkinson's Disease, and was personally affected by PD. Martelli then headed down to Indianapolis for certification.

Rock Steady Boxing, Inc., a non-profit organization, was founded in Indianapolis in 2006 with six participants. The Rock Steady Boxing Method was developed over the course of seven years. In 2012, the Training Camp was launched to help others with Parkinson's disease fight back – worldwide. Today, there are more than 80 Rock Steady Boxing affiliates in 27 states, as well as international affiliates in Australia and Canada, with more than 200 certified Rock Steady Boxing Coaches in the world, and growing every day. It is estimated that 1-1.5 million Americans have Parkinson's disease, with as many as an estimated 30,000 diagnosed in Michigan.

"We have always believed in the program," said Rock Steady Boxing, Inc. Executive Director Joyce Johnson. "When evidence began to emerge that our method had a very positive impact on the 'boxers,' our mission became clear – to share our knowledge and experience with all people with Parkinson's. That is why we decided to make our training available worldwide – to train as many as we can so together we can improve the care of people with Parkinson's everywhere."



To further enhance Rock Steady, The Boxing Rink has incorporated yoga as part of its membership. Deb Colling, CPT and head yoga instructor at The Boxing Rink and Deyoga Room has designed a class specifically for people battling Parkinson's Disease, "Deyoga Stretch for PD." Research proves regular stretching and certain postures can help increase motor function, mobility, balance, strength and more.

In the 2 months since the program has been up and running they have tripled their members, as well as tripled their classes, now offering 9 classes a week.

“We have become a family. We have comradery. Our boxers know they aren’t in this alone, and they have support.” Martelli says. “We come together, multiple times a week, every week, and sweat together, scream together, laugh together, grow together. It’s really a priceless experience, and I am proud to be a part of it.”

To set up an assessment, contact Michael Martelli at 248-817-5243. For additional information about Rock Steady Boxing Troy, visit www.theboxingrink.com. To find out more about Rock Steady Boxing Inc. and Parkinson's disease, visit www.rocksteadyboxing.org and www.parkinsonsmi.org.

PREMIERE SAILING LEAGUE USA

Grosse Pointe Yacht Club Named First Official Stadium



The Premiere Sailing League USA has chosen Grosse Pointe Yacht Club (GPYC) as the first official stadium for the sport's only American-based sailing league, the first of the 24 planned stadiums with which the league will partner to hold nationwide Qualification Regattas.

Optimizing a stadium-style atmosphere, each regatta will be held close to shore and will utilize the latest social media technologies to engage

both live and virtual audiences. Each venue will draw its participating sailing organizations from a 120-mile radius.

"We are looking forward to hosting this inaugural event for the Midwest," said GPYC Commodore Thomas Lauzon. "The partnership with Premiere Sailing League USA will not only help promote the growth of youth sailing, but also serve as a symbol of the economic revitalization of our region."

Premiere Sailing League USA will divide the nation into four districts (North, East, South and West), with four venues selected to hold the District Qualification Regattas each year in the same major city of each region. The National Final will be held annually in a location that will rotate around the country. Each venue will be provided eight J/70s for racing in the Qualification Regattas. Supplied J/88s will be used for the District Qualification Regattas and National Final. At the conclusion of each season (August-November), the League will keep the eight J/70s active by allowing youth and race programs at each venue to utilize them.

As a long-time supporter of sailing on the Great Lakes, Wally Cross, President of Ullman Sails Midwest, is enthusiastic about the program. "This sailing league program will get kids involved big-time and help us grow sailing as a family and school activity in the region."

PSL USA will feature boat editions that are 100% made in the USA, starting with the design by J/Boats (Newport, R.I.); spars by Hall Spars & Rigging (Bristol, R.I.); hardware by HARKEN (Pewaukee, Wisc.); lines by New England Ropes (Fall River, Mass.); and hull and sail graphics by Mac Designs (Newport).

GPYC was founded in 1914 and is one of the country's premier yacht clubs; a prominently visible landmark located on Lake St. Clair, less than 30 miles from downtown Detroit.

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CHÂTEAU DE VERSAILLES BEAUTIFUL IN MY OWN EYES

By Juliet

I believe there is a profound beauty in everything, even in the most unpleasant or profane of circumstances.

I didn't feel hatred nor was I glorified by the history of Chateau de Versailles, located at the suburb of Paris, France.

You might say that I'm non judgemental, and naturally everywhere I go my camera is within arms' reach from me. From the first sights and sounds from far, near and inside the palace of Versailles to the Grand Trianon, along with the Petit Trianon and The Hamlet, there are story to tell.

Wherever you are, if you look closely through the lens of a camera, you might even see something that you may have

never noticed before. And standing wherever you are in that moment, that particular photo may entice all of the human senses from a spectacular sight, the smell of the flowers to the touch of the breeze. A photo can do that because I have felt it. My senses have been exhilarated many times, and it all started by just looking through the lens of my camera.

Beauty is in the eye of the beholder.... the photographs may or maybe not be beautiful to everyone, but it is beautiful in my own eyes.

Follow EnchantedByJuliet on Instagram

DETROIT REMEMBERS: VERNORS 150 YEARS OLD

By Joe Neussendorfer, Aff.M.ASCE, ESD



Next month, Detroit will be popping bottle caps all over town and pouring the bubbly. That’s because Detroit’s favorite non-alcoholic beverage, Vernors Ginger Ale, will be celebrating its 150th anniversary.

Many celebratory events are being held the week of June 5 through 11, 2016. The Vernors Ginger Ale Collector’s Club informs us that various restaurants will be offering menus using

Vernors as a star ingredient. There will be an anniversary party at the Detroit Historical Museum. There will also be a poker run, in which participants receive a list of Vernors sites to visit in Detroit, and go to as many as they can.

Planned, too, is a Vernors history presentation and a screening of the documentary “Detroit Remembers When: Made in the Motor City.”

James Vernor, founder of Vernors, served his first glass of Vernors Ginger Ale at the soda fountain in his pharmacy at 235 Woodward Avenue back in 1866.

In 1954, the City of Detroit asked Vernors to move from their Detroit Riverfront location, now Hart Plaza, to a location just north of the Whitney Restaurant along Woodward Avenue in Detroit’s Midtown District. Vernors operated a bottling plant at that site until 1985. The plant was later demolished and replaced by an apartment complex, retail stores, and a parking deck.

BOOKS

LOUIS DAHL WOLFE

APERTURE'S REMARKABLE NEW MONOGRAPH on pioneering mid-century photographer Louise Dahl-Wolfe shines a light on one of the most influential but overlooked fashion photographers of the 20th century. Together with Diana Vreeland, Carmel Snow and Alexey Brodovitch, Dahl-Wolfe helped revitalize Harper's Bazaar in the 1930s, ushering in the magazine's golden age. Over 22 years there, she experimented with black-and-white, early color, natural light in outdoor settings and stories set in exotic locations—virtually creating the genre of modern fashion photography. Bazaar published more than 600 of her color photographs, 86 covers, and thousands of black-and-white photos. Her work influenced and was praised by all of the great photographers of her day, including Richard Avedon, Horst P. Horst and Irving Penn. And yet, until now, her work has been virtually forgotten. We highly recommend a second look.

ABOVE FROM TOP RIGHT: Dahl-Wolfe's cover for the November, 1949 issue of 'Harper's Bazaar'; Suzy Parker by the Seine, costume by Balenciaga, Paris, 1953; a 1942 portrait of Diana Vreeland in Phoenix, Arizona.



EXHIBITION

LIBRARY STREET COLLECTIVE PRESENTS
IN BETWEEN, A SOLO EXHIBITION BY HOW & NOSM

April 23 — June 12, 2016



Brooklyn-based twins Raoul and Davide Perre, also known as How & Nosm, have created some of their most vibrant work to date for the exhibition, incorporating a spectrum of pinks and oranges into their trademark black, red and white palette. The painted works present complex nodes composed of figures, symbols and objects while surrealist backgrounds expand behind. Calling to mind influences from Dali and Picasso to Native American art and graffiti, the result is narcotic.

For the first time, the artists' 12 works on canvas will be accompanied by over 30 impeccable process drawings. Categorized ‘Born’ and ‘Unborn’ depending upon realization as a finished painting or mural, the drawings show a new side to the Perre's proficient line work as well as insight into their practice.

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CROSSWORD

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ACROSS

1. Gulf

6. Always

10. Whip

14. Tearful

15. Sheltered spot

16. Countertenor

17. Gain knowledge

18. Historical periods

19. Wander

20. An alkaloid plant toxin

22. Christmas season

23. Bristle

24. Not the borrower

26. A long way off

30. Grayish brown

31. Delay

32. Unusual

33. Way in

35. Sounds of bells

39. Open frame or basket of iron

41. Investment
43. A low evergreen shrub

44. Biblical garden

46. Notion

47. What we breathe

49. Ribonucleic acid

50. Stitches

51. A blank gap

54. Skin irritation

56. Food thickener

57. Sap of energy

63. Early 20th-century art movement

64. Anagram of "Dice"

65. A radioactive gaseous element

66. Not odd

67. Unit of land

68. Hair net

69. Where a bird lives

70. Not more

71. Directs

DOWN

1. Hole-making tools

2. Red vegetable

3. 365 days

4. Agile

5. Synchronizes

6. Come out in the end

7. Deviation

8. Distinctive flair

9. Sell again

10. Sore throat

11. Not silently

12. Not fresh

13. Four-bagger (baseball)

21. Row of shrubs

25. Acquire deservedly

26. Vault

27. Anagram of "Fear"

28. Region

29. Diner

34. Evenings

36. Naked

37. Got bigger

38. Oceans

40. Tibia

42. Make into law

45. Chauffeurs

48. Emanating from the center

51. Burdened

52. Maguey

53. Certain European shrubs

55. Abrasive

58. Behold, in old Rome

59. Alley

60. False god

61. Whiz

62. Terminates

LAST MONTHS ANSWERS

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LAST MONTHS ANSWERS

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6	5	3	1	7	8	4	2	9
1	7	9	2	4	6	5	8	3
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Post guesses to The Metropolitan d'Etroit Facebook page. First correct answer wins magazine pitch with editor.

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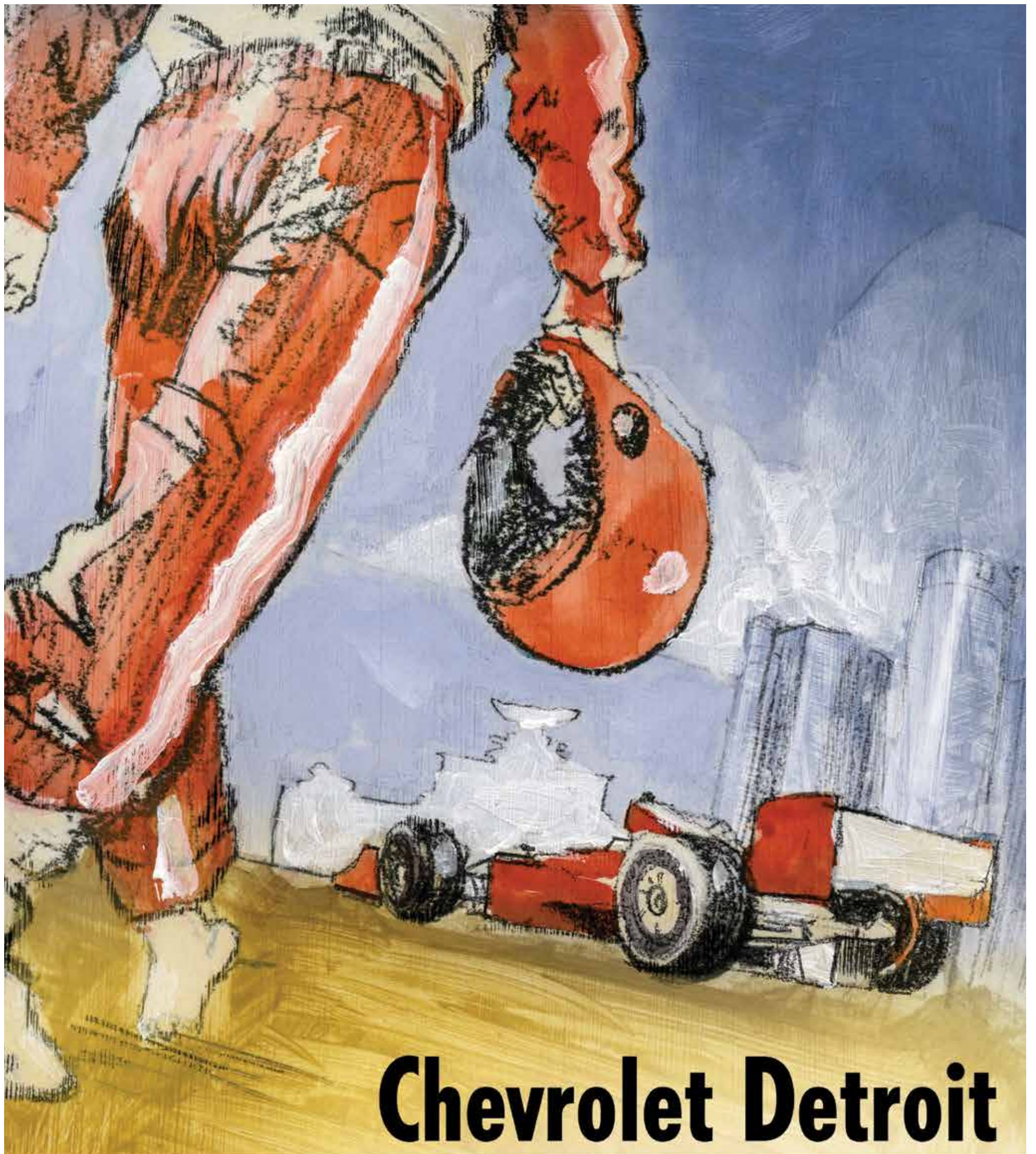
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